

The Thousand Names of Lord Vishnu

Śhrī Viṣṇu Sahasra-nāma

from the Mahābhārata

Om Twameva sākṣhāt Śhrī: *You are:*

1. **Viśhvam** *The Universe, and everything in it.*
2. **Viṣṇu** *All-Pervading*
3. **Vaśhat-kāra** *Controlling everything*
4. **Bhūta-bhavya-**
-bhavat-prabhu | . *The Lord of Past, Present and Future*
5. **Bhūta-kṛit** *The Creator of all Creatures*
6. **Bhūta-bhṛit** *Nourishing all Souls*
7. **Bhāva** *Existence*
8. **Bhūt'ātmā** *The Soul of all Beings*
9. **Bhūta-bhāvana** || .. *The Birth of all Creatures*
10. **Pūt'ātmā** *The Pure Self*
11. **Param-ātmā** *cha* *The Supreme Spirit*
12. **Muktānām**
-param'āgati | . *The Final Goal of the Liberated*
13. **Avyaya** *Undecaying*
14. **Puruṣha** *The Supreme Being*
15. **Sākṣhī** *The Witness*
16. **Kṣhetra-gñya** *The Spirit, the Knower of the Body*
17. **Akṣhara** *eva cha* || *Indestructible and Undecaying*
18. **Yoga** *Abiding in the Supreme*
19. **Yoga-vidām netā** .. *The Guide of those seeking Yoga*
20. **Pradhāna-**
-puruṣh'eśhvara | . *Lord of Nature and Spirit*
21. **Nārasimha-vapu** ... *Incarnated as Man-Lion*
22. **Śhrīmān** *Husband of Shri Lakshmi*
23. **Keśhava** *The Lord of Creation having beautiful hair*

24.	Puruṣhottama . . .	<i>The Supreme Spirit and Highest of Men</i>
25.	Sarva	<i>Everything</i>
26.	Śharva	<i>Identical to Shrī Shiva, Lord of the Night</i>
27.	Śhiva	<i>Benevolent</i>
28.	Sthānu	<i>The Pillar of Immovable Truth</i>
29.	Bhūt'ādi	<i>The Origin of all beings</i>
30.	Nidhir-avyaya 	<i>The Imperishable Treasure</i>
31.	Sambhava	<i>Taking Birth Freely</i>
32.	Bhāvana	<i>Producing All Results</i>
33.	Bhartā	<i>The Sustainer</i>
34.	Prabhava	<i>Giving Birth to the Five Elements</i>
35.	Prabhu	<i>The Almighty Lord</i>
36.	Īshvara 	<i>The Controller of Everything</i>
37.	Svayam-bhū	<i>Self-manifested</i>
38.	Śhambhu	<i>Creating Auspiciousness</i>
39.	Āditya	<i>The Son of Goddess Aditi (Shrī Vāmana)</i>
40.	Puṣkar'ākṣha	<i>Lotus-eyed</i>
41.	Mahā-svana 	<i>Having a Mighty Roar</i>
42.	Anādi-nidhana	<i>Without Origin or End</i>
43.	Dhātā	<i>The Creator and Supporter</i>
44.	Vidhātā	<i>Deciding the Fate of all beings</i>
45.	Dhātur-uttama . . .	<i>The Subtlest Element</i>
46.	Aprameya	<i>Imperceptible</i>
47.	Hriṣhīkeśha	<i>The Joy-giving Lord of the Senses</i>
48.	Padma-nābha	<i>Lotus-navelled</i>
49.	Amara-prabhu . . .	<i>The Greatest of the Immortal Gods</i>
50.	Viśhva-karmā	<i>Accomplishing everything</i>
51.	Manu	<i>The Wise Law-giver</i>
52.	Tvaṣhtā	<i>Small and Subtle</i>
53.	Sthaviṣṭha	<i>Huge and Gross</i>
54.	Sthavira dhruva .	<i>Ancient and Unmoving</i>

55.	Agrāhya	<i>Beyond the senses</i>
56.	Śhāśhvata	<i>Eternal and Unchanging</i>
57.	Kṛiṣhṇa	<i>The Dark-complexioned Lord of Vishuddhi</i>
58.	Lohit'ākṣha	<i>Red-Eyed</i>
59.	Pratardana 	<i>Supreme Destruction</i>
60.	Prabhūta	<i>Ever-Full</i>
61.	Tri-kakub-dhāmā	<i>Dwelling on the three-peaked Mount Meru</i>
62.	Pavitram	<i>Giving Purity to the Heart</i>
63.	Maṅgala param 	<i>Supreme Felicity</i>
64.	Īshana	<i>The Controller of the Universe</i>
65.	Prāṇa-da	<i>Giver of Life</i>
66.	Prāṇa	<i>Life-breath</i>
67.	Jyeṣhtha	<i>The Eldest</i>
68.	Śhreṣhtha	<i>The Most Glorious</i>
69.	Prajāpati 	<i>The Lord of all Creatures</i>
70.	Hiraṇya-garbha	<i>The Golden Egg that gives rise to Creation</i>
71.	Bhū-garbha	<i>The Origin of the World</i>
72.	Mādhava	<i>The Sweet-natured Husband of Shrī Lakshmi</i>
73.	*Madhu-sūdana 	<i>The Destroyer of the Demon Madhu</i>
74.	Īshvara	<i>The Supreme Ruler</i>
75.	Vikramī	<i>Powerful</i>
76.	Dhanvī	<i>Bearing a Bow</i>
77.	Medhāvī	<i>Intelligent</i>
78.	Vikrama	<i>Powerful</i>
79.	Krama 	<i>Arranging the Course of Creation</i>
80.	Anuttama	<i>Incomparably Great</i>
81.	Dur-ādharṣha	<i>Hard to Approach</i>
82.	Kṛita-gñya	<i>Knowing all Actions</i>
83.	Kṛiti	<i>Rewarding all Actions</i>
84.	Ātmavān 	<i>The Self in all Beings</i>

* Said without Śhrī (name of demon)

85.	Sureśha	<i>The Greatest of the Gods</i>
86.	Śharanam	<i>The Refuge</i>
87.	Śharma	<i>Infinite Bliss</i>
88.	Viśhva-retā	<i>The Seed of the Universe</i>
89.	Prajā-bhava 	<i>The Source of All Beings</i>
90.	Aha	<i>The Nature of Time</i>
91.	Sam-vatsara	<i>Creating the Cycle of Time</i>
92.	Vyāla	<i>Mischeivous</i>
93.	Pratyaya	<i>Inspiring Confidence and Trust</i>
94.	Sarva-darśhana . .	<i>All-Seeing</i>
95.	Aja	<i>Unborn</i>
96.	Sarv'eśhvara	<i>The Ruler of everything</i>
97.	Siddha	<i>Achieving whatever You desire</i>
98.	Siddhi	<i>Giving Moksha</i>
99.	Sarvādi	<i>The Beginning of all</i>
100.	Achyuta 	<i>Infallible</i>
101.	Vṛiṣhā-kapi	<i>Lifting the World up to Dharma</i>
102.	Amey'ātmā	<i>Manifesting in Infinite Varieties</i>
103.	Sarva-yoga- -vinissṛita . .	<i>Free from all attachments</i>
104.	Vasu	<i>The Support of all Elements</i>
105.	Vasu-manā	<i>Of Pure Mind</i>
106.	Satya	<i>Truth</i>
107.	Sam'ātmā	<i>The Ever-Calm Spirit</i>
108.	Sam-mita	<i>The Accepted Path</i>
109.	Sama 	<i>Always the Same</i>
110.	Amogha	<i>Of Unfailing Efficacy</i>
111.	Pundarīk'ākṣha . . .	<i>Dwelling in the Heart</i>
112.	Vṛiṣha-karmā	<i>Always Acting Righteously</i>
113.	Vṛiṣh'ākṛiti 	<i>Incarnating for Dharma</i>
114.	Rudra	<i>The Destroyer of Misery</i>
115.	Bahu-śhirā	<i>Many-Headed</i>

116.	Babhru	<i>Ruling over all the Worlds</i>
117.	Viśhva-yoni	<i>The Womb of the Universe</i>
118.	Śhuchi-śhravā 	<i>Having Holy Names</i>
119.	Amṛita	<i>Immortal</i>
120.	Śhāśhvata-sthānu	<i>Permanent and Immovable</i>
121.	Var'āroha	<i>The Most Glorious Destination</i>
122.	Mahā-tapā 	<i>of Great Penance</i>
123.	Sarvaga	<i>All-Pervading</i>
124.	Sarva-vid-bhānu	<i>Shining with All Knowledge</i>
125.	Viśhvak-sena	<i>Whose Powers go in Every Direction</i>
126.	Jan'ārdana 	<i>The Stirrer-up of Men</i>
127.	Veda	<i>The Sacred Teachings</i>
128.	Veda-vid	<i>Knowing the Vedas</i>
129.	Avyaṅga	<i>Without Imperfections</i>
130.	Vedāṅga	<i>Whose Limbs are the Scriptures</i>
131.	Veda-vit	<i>Knowing the Sacred Writings</i>
132.	Kavi 	<i>The Poet</i>
133.	Lok'ādhyakṣha	<i>Presiding over the Three Worlds</i>
134.	Sur'ādhyakṣha	<i>Chancellor of the Gods</i>
135.	Dharm'ādhyakṣha	<i>Over-seeing Dharma</i>
136.	Kṛit'ākṛita 	<i>All that is Created or Not Created</i>
137.	Chatur-ātmā	<i>The Four-Fold Self (Rāma, Lakshman, etc.)</i>
138.	Chatur-vyūha	<i>Four-formed (manas, buddhi, chitta, ahamkāra)</i>
139.	Chatur-daṁstra	<i>Four-toothed (Narasimha)</i>
140.	Chatur-bhuja 	<i>Four-armed</i>
141.	Bhrājiṣhṇu	<i>Radiant</i>
142.	Bhojana	<i>Enjoyment, food</i>
143.	Bhoktā	<i>The Enjoyer</i>
144.	Sahiṣhṇu	<i>Suffering Patiently</i>
145.	Jagad-ādi-ja 	<i>Born at the Beginning of the World</i>
146.	Anagha	<i>Sinless</i>

147.	Vijaya	<i>Victorious</i>
148.	Jetā	<i>Ever-Successful</i>
149.	Viśhva-yoni	<i>The Origin of Everything</i>
150.	Punar-vasu 	<i>Repeatedly Kind</i>
151.	Upendra	<i>The Younger Brother of Indra (Vāmana)</i>
152.	Vāmana	<i>Incarnating as a Dwarf</i>
153.	Prāṁśhu	<i>Assuming a Vast Form</i>
154.	Amogha	<i>Acting for a Great Purpose</i>
155.	Śhuchi	<i>Spotlessly Clean</i>
156.	Ūrjita 	<i>Having Infinite Vitality</i>
157.	Atīndra	<i>Greater than Shrī Indra</i>
158.	Saṅgraha	<i>Holding Everything Together</i>
159.	Sarga	<i>The Cause of Creation</i>
160.	Dhṛit'ātmā	<i>Established in the Self</i>
161.	Niyama	<i>The Restraints of Dharma</i>
162.	Yama 	<i>Restrained, the God of Death</i>
163.	Vedya	<i>That which is to be Known</i>
164.	Vaidya	<i>Scholarly</i>
165.	Sadā-yogī	<i>Always Connected with the Supreme</i>
166.	Vīra-hā	<i>Destroying Mighty Foes</i>
167.	Mādhava	<i>The Lord of Knowledge</i>
168.	Madhu 	<i>Sweet Natured</i>
169.	Atīndriya	<i>Beyond the Senses</i>
170.	Mahā-māya	<i>The Supreme Illusion</i>
171.	Mah'otsāha	<i>The Great Enthusiast</i>
172.	Mahā-bala 	<i>Supreme Strength</i>
173.	Mahā-buddhi	<i>Supreme Intelligence</i>
174.	Mahā-vīrya	<i>The Supreme Essence</i>
175.	Mahā-śhakti	<i>All-Powerful</i>
176.	Mahā-dyuti 	<i>Greatly Luminous</i>
177.	Anirdeśhya-vapu ..	<i>Of Indescribable Form</i>

178.	Śhrīmān	<i>Always Courted by Glories</i>
179.	Amey'ātmā	<i>Of Immeasurable Spirit</i>
180.	Mahādri-dhṛit . . .	<i>Supporting the Great Mountain</i>
181.	Maheśhvāsa	<i>Wielding the bow Shārnga</i>
182.	Mahī-bhartā	<i>The Lord of the Earth</i>
183.	Śhrī-nivāsa	<i>The Abode of Shrī Lakshmī</i>
184.	Satām-gati 	<i>The Goal for the Virtuous</i>
185.	Aniruddha	<i>Un-obstructed</i>
186.	Sur'ānanda	<i>The Joy of the Gods</i>
187.	Govinda	<i>The Rescuer of the world</i>
188.	Govidām-pati 	<i>The Lord of the wise</i>
189.	Marīchi	<i>The Great Sage, as Lord of Creatures</i>
190.	Damana	<i>Self-controlled</i>
191.	Haṁsa	<i>The Swan-like Sage</i>
192.	Suparna	<i>The Beautiful-Winged Garuda</i>
193.	Bhujag'ottama 	<i>Shrī Shesha, the Best of Snakes</i>
194.	Hiraṇya-nābha	<i>Having a Golden Navel</i>
195.	Su-tapā	<i>Performing Great Austerities</i>
196.	Padma-nābha	<i>Lotus-navelled</i>
197.	Prajāpati 	<i>The Lord of all Creatures</i>
198.	Amṛityu	<i>Beyond Death</i>
199.	Sarva-dṛik	<i>The Seer of Everything</i>
200.	Siṁha	<i>The Lion</i>
201.	Samdhātā	<i>The Regulator</i>
202.	Samdhimān	<i>Abiding in peace</i>
203.	Sthira 	<i>Steady</i>
204.	Aja	<i>Unborn</i>
205.	Dur-marṣhaṇa	<i>Not to be Controlled</i>
206.	Śhāstā	<i>Ruling over the Universe</i>
207.	Viśhrut'ātmā	<i>The Self described in the scriptures</i>
208.	Surāri-hā 	<i>Destroying the Enemies of the Devas</i>

209.	Guru	<i>The Teacher</i>
210.	Guru-tama	<i>The Greatest Teacher</i>
211.	Dhāma	<i>The Supreme Abode</i>
212.	Satya	<i>The Truth</i>
213.	Satya-parākrama .	<i>Courageous for the Truth</i>
214.	Nimiṣha	<i>Having a twinkle in the eye</i>
215.	Animiṣha	<i>Unwinking and Ever Awake</i>
216.	Sragvī	<i>Wearing a Garland</i>
217.	Vāchas-patir- -udāra-dhī .	<i>Whose Navel gives rise to Shri Brahma</i>
218.	Agranī	<i>Guiding us to the Highest Peak</i>
219.	Grāmanī	<i>Leading the Flock</i>
220.	Śhrīmān	<i>The Possessor of Effulgence and Glory</i>
221.	Nyāya	<i>Justice</i>
222.	Netā	<i>The Leader</i>
223.	Samīrana 	<i>Administering all Living Creatures</i>
224.	Sahasra-mūrdhā ..	<i>Having a Thousand Heads</i>
225.	Viśhv'ātmā	<i>The Soul of the Universe</i>
226.	Sahasr'ākṣha	<i>Having Thousands of Eyes</i>
227.	Sahasra-pāt 	<i>Thousand-Footed</i>
228.	Āvartana	<i>The Unseen Dynamism</i>
229.	Nivṛit'ātmā	<i>The Soul released from the bonds of matter</i>
230.	Samvṛita	<i>Vieled from those in ignorance</i>
231.	Sam-pramardana .	<i>Tormenting Evil Men</i>
232.	Ahas-samvartaka .	<i>Regulating the Day</i>
233.	Vahni	<i>Fire</i>
234.	Anila	<i>The Air and the Wind</i>
235.	Dharanī-dhara ..	<i>Supporting the Earth</i>
236.	Su-prasāda	<i>Fully Satisfied</i>
237.	Prasann'ātmā	<i>Ever Pure and All-Blissful Self</i>
238.	Viśhva-dhṛik	<i>Overlord of the Universe</i>
239.	Viśhva-bhuj	<i>Enjoying all Experiences</i>

240.	Vibhu	<i>Manifesting in Endless Forms</i>
241.	Sat-kartā	<i>Honouring Good and Wise People</i>
242.	Sat-kṛita	<i>Adored by all Good People</i>
243.	Sādhu	<i>Living by Righteous Codes</i>
244.	Jahnu	<i>The Leader of Men</i>
245.	Nārāyana	<i>The Refuge of men, reclining on the waters</i>
246.	Nara	<i>The Guide</i>
247.	Asaṁkhyeya	<i>Having Numberless Names and Forms</i>
248.	Apramey'ātmā	<i>Unlimited Soul</i>
249.	Viśhiṣṭa	<i>Transcending all in Your Glory</i>
250.	Śhiṣṭa-kṛit	<i>The Law-Maker</i>
251.	Śhuchi	<i>Pure</i>
252.	Siddh'ārtha	<i>Attaining all success</i>
253.	Siddha-saṅkalpa	..	<i>Fulfilling all wishes</i>
254.	Siddhida	<i>The Giver of Benedictions</i>
255.	Siddhi-sādhana	..	<i>The Fulfiller of Self-realisation</i>
256.	Vṛiṣhāhī	<i>Controlling all Actions</i>
257.	Vṛiṣha-bha	<i>Showering all Dharmas</i>
258.	Viṣṇu	<i>Long-Striding</i>
259.	Vṛiṣha-parvā	<i>The Ladder Leading to Dharma</i>
260.	Vṛiṣh'odara	<i>From Whose Belly Life Showers Forth</i>
261.	Vardhana	<i>The Nurturer and Nourisher</i>
262.	Vardhamāna cha	...	<i>Expanding as the Universe</i>
263.	Vivikta	<i>Solitary</i>
264.	Śhruti-sāgara	<i>The Ocean of all Scripture</i>
265.	Subhuja	<i>Having Graceful Arms</i>
266.	Dur-dhara	<i>Unbearable, as the Bearer of everything</i>
267.	Vāgmī	<i>Eloquent in Speech</i>
268.	Mahendra	<i>The Greatest Lord</i>
269.	Vasu-da	<i>Giving all Wealth</i>
270.	Vasu	<i>Wealth</i>

271. **Naika-rūpa** *Having Unlimited Forms*
272. **Bṛihad-rūpa** *Of Infinite Dimensions*
273. **Śhipi-viṣṭa** *Radiating Light*
274. **Prakāśhana** || *Illuminating*
275. **Ojas-tejo-**
dyuti-dhara. *Having Vitality, Effulgence and Beauty*
276. **Prakāśh'ātmā** *The Illuminating Spirit*
277. **Pratāpana** | *Giving Energy*
278. **Riddha** *Prosperity*
279. **Spaṣṭ'ākṣhara.** *The Primordial Sound Om*
280. **Mantra** *The Nature of the Vedic Mantras*
281. **Chandrāmśhu** *The Rays of the Moon*
282. **Bhāskara-dyuti** || *The Effulgence of the Sun*
283. **Amṛit'āms'ūdbhava** *The Rising Moon of Nectar*
284. **Bhānu** *The Radiant Sun*
285. **Śhaśha-bindu** *The Moon with a Rabbit-Like Spot*
286. **Sureśhvara** | *The Lord of the Gods*
287. **Auśhadham** *The cure for all ills of this World*
288. **Jagatas-setu** *A Bridge across Worldly Life*
289. **Satya-dharma-**
-parākrama || *The Power of Truth and Righteousness*
290. **Bhūta-bhavya-**
-bhavan-nātha *The Lord of Past, Present and Future*
291. **Pavana** *The Purifier*
292. **Pāvana** *The Life-Sustaining Power of Air*
293. **Anala** | *The Five Vital Breaths*
294. **Kāma-hā** *Destroying all Desires*
295. **Kāma-kṛit** *Creating Love and Affection*
296. **Kānta** *Enchanting*
297. **Kāma** *The Beloved*
298. **Kāma-prada** *The Fulfiller of Desires*
299. **Prabhu** || *Existing in the Highest State*

300.	Yugādi-kṛit	<i>Creating the Ages of the World</i>
301.	Yugāvartah	<i>Instituting the Cycles of Time</i>
302.	Naika-māya	<i>Of Endlessly Varied Forms</i>
303.	Mahāśhana 	<i>The Great Consumer</i>
304.	Adṛiśhya	<i>Imperceptible</i>
305.	Vyakta-rūpa <i>cha</i>	<i>Taking Perceptible Forms</i>
306.	Sahasra-jit	<i>Vanquishing Thousands</i>
307.	Ananta-jit 	<i>Ever-Victorious</i>
308.	Iṣhṭa	<i>Invoked through Worship</i>
309.	Viśhiṣṭa	<i>The Noblest and Most Sacred</i>
310.	Śhiṣṭeṣṭa	<i>The Beloved of the Wise</i>
311.	Śhikhandī	<i>Wearing a Peacock Feather</i>
312.	Nahuṣha	<i>Binding all beings with Illusion</i>
313.	Vṛiṣha 	<i>The Highest Dharma</i>
314.	Krodha-hā	<i>Removing Anger</i>
315.	Krodha-kṛit-kartā	<i>Using Anger Effectively</i>
316.	Viśhva-bāhu	<i>Whose Hand is in Everything</i>
317.	Mahī-dhara 	<i>The Support of the Earth</i>
318.	Achyuta	<i>Unchanging</i>
319.	Prathita	<i>Of Great Renown</i>
320.	Prāna	<i>The Life-breath in all Creatures</i>
321.	Prāna-da	<i>Giving Life</i>
322.	Vāsav'ānuja 	<i>The Younger Brother of Indra (Shrī Vamana)</i>
323.	Apām-nidhi	<i>The Treasure of the Ocean</i>
324.	Adhiṣṭhānam	<i>The Substratum of the Universe</i>
325.	Apramatta	<i>Vigilant in Judging the World</i>
326.	Pratiṣṭhita 	<i>Firmly Established</i>
327.	Skanda	<i>Taking Form as Shrī Karttikeya</i>
328.	Skanda-dhara	<i>Upholding Righteousness</i>
329.	Dhurya	<i>Bearing the Yoke of Creation</i>
330.	Varada	<i>Fulfilling Boons</i>

331. **Vāyu-vāhana** | *Controller of the Wind*
332. **Vāsudeva** *Permeating all Creation*
333. **Bṛihat-bhānu** *Of Great Effulgence*
334. **Ādi-deva** *The Primary Source of Everything*
335. **Purandara** || *Destroying the Cities of the Demons*
336. **Aśhoka** *Without Sorrow or Affliction*
337. **Tārana** *Carrying us across difficulties*
338. **Tāra** *The Saviour*
339. **Śhūra** *Strong and Valiant*
340. **Śhauri** *Shrī Krishna, the Descendant of Shūra*
341. **Janeśhvara** | *The Lord of the People*
342. **Anukūla** *The Well-Wisher of Everyone*
343. **Śhatāvarta** *Taking Hundreds of Incarnations*
344. **Padmī** *Holding a Lotus*
345. **Padma-**
-nibh'ekṣhana || *With Eyes like Lotuses*
346. **Padma-nābha** *Lotus-Navelled*
347. **Aravind'ākṣha** *Lotus-Eyed*
348. **Padma-garbha** *Inside the Lotus of the Heart*
349. **Śharīra-bhṛit** | *Sustaining the Body*
350. **Maharddhi** *Supremely Splendid*
351. **Ṛiddha** *Expanded as the Form of the Universe*
352. **Vṛiddh'ātmā** *The Ancient Self*
353. **Mahākṣha** *The Great-Eyed*
354. **Garuda-dhvaja** || ... *Having Garuda on Your Flag*
355. **Atula** *Incomparable*
356. **Śharabha** *Shining Forth through the Body*
357. **Bhīma** *The Terrible*
358. **Sama-yagñya** *Whose Worship is Equanimity*
359. **Havir-hari** | *The Receiver of Oblations*
360. **Sarva-lakṣhana-**
-lakṣhanya *Known through all Auspicious Signs*

361.	Lakṣmī-vān	<i>The Consort of Laksmi</i>
362.	Samitin-jaya 	<i>Ever-Victorious</i>
363.	Vikṣhara	<i>Imperishable</i>
364.	Rohita	<i>The Red-hued Fish Incarnation</i>
365.	Mārga	<i>The Path</i>
366.	Tu	<i>The Cause</i>
367.	Dāmodara	<i>Known to the Purified</i>
368.	Saha 	<i>All-Enduring</i>
369.	Mahī-dhara	<i>The Bearer of the Earth</i>
370.	Mahā-bhāga	<i>Receiving the Lion's Share in worship</i>
371.	Vegavān	<i>Swift</i>
372.	Amit'āśhana 	<i>Of Endless Appetite</i>
373.	Udbhava	<i>The Originator</i>
374.	Kṣhobhana	<i>The Agitator</i>
375.	Deva	<i>Shining</i>
376.	Śhrī-garbha	<i>In Whom are all Glories</i>
377.	Parameśhvara 	<i>The Supreme Lord</i>
378.	Karanam	<i>The Instrument</i>
379.	Kāranam	<i>The Cause</i>
380.	Kartā	<i>The Doer</i>
381.	Vikartā	<i>Creator of Endless Varieties</i>
382.	Gahana	<i>Unknowable</i>
383.	Guha 	<i>Secret</i>
384.	Vyava-sāya	<i>Resolute</i>
385.	Vyava-sthāna	<i>The Basis of everything</i>
386.	Samsthāna	<i>The Ultimate Authority</i>
387.	Sthāna-da	<i>Conferring the Right Abode</i>
388.	Dhruva 	<i>Changeless in the Midst of Changes</i>
389.	Pararddhi	<i>The Supreme Manifestation</i>
390.	Parama-spaṣhta	<i>Supremely Clear-sighted</i>
391.	Tuṣṭa	<i>Contented with Simple Offerings</i>

392.	Puṣṭa	<i>Ever-Full</i>
393.	Śhubh'ekṣhana ..	<i>Of Auspicious Visage</i>
394.	Rāma	<i>Handsome and Pleasing</i>
395.	Virāma	<i>The Abode of Perfect Rest</i>
396.	Viraja	<i>Passionless</i>
397.	Mārga	<i>The Path</i>
398.	Neya	<i>To Whom we are Guided</i>
399.	Naya	<i>The Leader</i>
400.	Anaya 	<i>Without a Leader</i>
401.	Vīra	<i>Valiant and Manly</i>
402.	Śhakti-matām- śhrestha ...	<i>The Best among the Powerful Gods</i>
403.	Dharma	<i>The Support of all beings</i>
404.	Dharma-vid-uttama	<i>The Highest Knower of Righteousness</i>
405.	Vaikunṭha	<i>The Highest Heaven</i>
406.	Puruṣha	<i>Dwelling in all Bodies as the Spirit</i>
407.	Prāṇa	<i>The Life Breath</i>
408.	Prāṇa-da	<i>Giver of Life</i>
409.	Praṇava	<i>He who is Praised</i>
410.	Prithu 	<i>Immense, as the Universe</i>
411.	Hiraṇya-garbha ...	<i>The Origin of Creation</i>
412.	Śhatru-ghna	<i>The Destroyer of Enemies</i>
413.	Vyāpta	<i>The Pervader</i>
414.	Vāyu	<i>The Bearer of Fragrance</i>
415.	Adho-'kṣhaja 	<i>Takes Birth here below on Earth</i>
416.	Ritu	<i>The Seasons</i>
417.	Sudarśhana	<i>Handsome</i>
418.	Kāla	<i>Time, as the Reckoner of everything</i>
419.	Parameṣṭhī	<i>The Supreme Glory of the Heart</i>
420.	Parigraha 	<i>The Receiver</i>
421.	Ugra	<i>Formidable</i>
422.	Sam-vatsara	<i>The Cycle of the Years</i>

423.	Dakṣha	<i>Intelligent and Dextrous</i>
424.	Viśhrāma	<i>The Resting Place</i>
425.	Viśhva-dakṣhina 	<i>The Most Skilful and Efficient</i>
426.	Vistāra	<i>Extensive</i>
427.	Sthāvarah-sthānu	<i>Firm and Motionless</i>
428.	Pramānam	<i>The Authority</i>
429.	Bījam-avyayam 	<i>The Undecaying Seed</i>
430.	Artha	<i>The Purpose of Life</i>
431.	Anartha	<i>Beyond all purposes</i>
432.	Mahā-koṣha	<i>Surrounded with Great Sheaths</i>
433.	Mahā-bhoga	<i>The Highest Enjoyment</i>
434.	Mahā-dhana 	<i>The Greatest Wealth</i>
435.	Anir-viṇṇa	<i>Never discontented or depressed</i>
436.	Stha-viṣṭha	<i>Massively Huge</i>
437.	A-bhū	<i>Having no Birth</i>
438.	Dharma-yūpa	<i>The Post to which Dharma is tied</i>
439.	Mahā-makha 	<i>The Great Sacrificer</i>
440.	Nakṣatra-nemi	<i>The Nave of the Stars</i>
441.	Nakṣatrī	<i>The Lord of the Stars (The Moon)</i>
442.	Kṣhama	<i>Competent in all Undertakings</i>
443.	Kṣhāma	<i>Ever Remaining even at the end of time</i>
444.	Samīhana 	<i>Having Auspicious Desires</i>
445.	Yagñya	<i>Worshipped by Havans</i>
446.	Ijya	<i>Invoked through Yagñya</i>
447.	Mahejya <i>cha</i>	<i>The Great Object of Worship</i>
448.	Kratu	<i>The Sacrificial Ceremony</i>
449.	Satram	<i>Protector of the Good</i>
450.	Satām-gati 	<i>The Refuge of the Good</i>
451.	Sarva-darśhī	<i>All-seeing</i>
452.	Vimukt'ātmā	<i>The Ever-Liberated Self</i>
453.	Sarva-gñya	<i>Omniscient</i>

454.	Gñyānam-uttamam	<i>The Supreme Knowledge</i>
455.	Suvrata	<i>Faithful to Promises</i>
456.	Su-mukha	<i>Having a Charming Face</i>
457.	Sūkṣhma	<i>Subtle</i>
458.	Sughoṣha	<i>Auspicious Sounds</i>
459.	Sukha-da	<i>Giver of Happiness</i>
460.	Su-hṛit 	<i>Friend of all Creatures</i>
461.	Manohara	<i>Captivating the Heart</i>
462.	Jita-krodha	<i>The Conquerer of Anger</i>
463.	Vīra-bāhu	<i>Having Mighty Arms</i>
464.	Vidārana 	<i>Splitting Asunder wickedness</i>
465.	Svāpana	<i>Stupefying the ignorant with illusions</i>
466.	Sva-vaśha	<i>Independent and Self-controlled</i>
467.	Vyāpī	<i>All-Pervading</i>
468.	Naik'ātmā	<i>Many Souled</i>
469.	Naika-karma-kṛit	<i>Doing Many Actions</i>
470.	Vatsara	<i>The Abode</i>
471.	Vatsala	<i>Affectionate towards Devotees</i>
472.	Vatsī	<i>The Father Protector</i>
473.	Ratna-garbha	<i>The Jewel-filled Ocean</i>
474.	Dhaneśhvara 	<i>The Lord of Wealth</i>
475.	Dharma-gup	<i>Protecting Dharma</i>
476.	Dharma-kṛit	<i>Acting According to Dharma</i>
477.	Dharmī	<i>The Supporter of Dharma</i>
478.	Sat	<i>Existence, Reality, the Supreme Brahman</i>
479.	Asat	<i>Illusory conditionings</i>
480.	Kṣharam	<i>Manifesting as perishable</i>
481.	Akṣharam 	<i>Imperishable</i>
482.	Avigñyātā	<i>Beyond Knowledge</i>
483.	Sahasr'āmśhu	<i>Thousand-Rayed</i>
484.	Vidhātā	<i>The Supporter of the illusory Universe</i>

485. **Kṛita-lakṣhaṇa** || . . . *Creating Distinctions between races, etc.*
486. **Gabhasti-nemi** *The Hub of the Universe*
487. **Sattva-stha** *Stationed in the Central Channel*
488. **Siṃha** *The Lion*
489. **Bhūta-maheśhvara** | *The Supreme Lord of Beings*
490. **Ādideva** *The First Deity*
491. **Mahādeva** *The Great Deity*
492. **Deveśha** *The Lord of the Gods*
493. **Deva-bhṛid-guru** || . *Teacher to Shrī Indra*
494. **Uttara** *Lifting us from the Ocean of Samsara*
495. **Gopati** *Protecting the Earth, devotees and cows*
496. **Goptā** *The Protector*
497. **Gñyāna-gamyā** *Attained through Pure Knowledge*
498. **Purātana** | *Ancient and Ever-lasting*
499. **Śharīra-bhūta-bhṛit** *Supporting the Body and the Spirit*
500. **Bhoktā** *The Enjoyer*
501. **Kapīndra** *Lord of the Monkeys (Rama)*
502. **Bhūri-dakṣhina** || . *Bestowing Mighty Gifts*
503. **Soma-pa** *Imbibing the Cool Bliss of the Moon*
504. **Amṛita-pa** *Drinking the Nectar of Immortality*
505. **Soma** *The Blissful Nectar of the Moon*
506. **Purujit** *Having overcome many enemies*
507. **Puru-sattama** | *The Greatest of the Great*
508. **Vinaya** *Having subdued the senses*
509. **Jaya** *Victorious*
510. **Satya-sandha** *Faithful*
511. **Dāśhārha** *Worthy to be served*
512. **Sātvatām-pati** || *The Protector of Your followers*
513. **Jīva** *Individual Soul*
514. **Vinayitā-sākṣhī** *The Witness of Modesty*
515. **Mukunda** *The Giver of Liberation*

516. **Amita-vikrama** | . . . *of Immeasurable Prowess*
517. **Ambho-nidhi** *The Vast Ocean*
518. **Anant'ātmā** *The Infinite Self*
519. **Mahod-adhiśhaya** . *Resting on the Great Ocean*
520. **Antaka** || *The End of All*
521. **Aja** *Unborn*
522. **Mahārha** *Deserving the Highest Worship*
523. **Svābhāvya** *Established in Your Self*
524. **Jit'āmitra** *Overcoming all enemies*
525. **Pramodana** | *Ever-Blissful*
526. **Ānanda** *Pure Bliss*
527. **Nandana** *Joy-giving*
528. **Nanda** *Happiness*
529. **Satya-dharmā** *The True Path of Righteousness*
530. **Tri-vikrama** || *Encompassed the Universe in Three Steps*
531. **Maharṣhi**
 kapil'āchārya . . . *The Teacher of the great sage Kapila*
532. **Kṛita-gñya** *The Knower of the Creation*
533. **Medinī-pati** | *The Lord of the Earth*
534. **Tripada** *The Three-fold Creation*
535. **Tri-daśh'ādhyakṣha** *Overseer of the thirty Devas*
536. **Mahā-śhṛiṅga** *Great-Horned (Matsya)*
537. **Kṛit'ānta-kṛit** || *Destroyer of the Creation*
538. **Mahā-varāha** *The Great Boar*
539. **Govinda** *The Rescuer of the World*
540. **Suṣheṇa** *With potent missiles*
541. **Kanak'āṅgadī** | *Adorned with gold armlets*
542. **Guhya** *Mysterious*
543. **Gabhīra** *Unfathomable*
544. **Gahana** *Impenetrable*
545. **Gupta** *Well-Concealed*
546. **Chakra-gadā-dhara** || *Bearer of the Discus and Mace*

547.	Vedhā	<i>Penetrating</i>
548.	Svāṅga	<i>With Well-Proportioned Limbs</i>
549.	Ajita	<i>Un-vanquished</i>
550.	Kṛiṣhṇa	<i>Sowing the Seed of Spirituality</i>
551.	Dṛiḍha	<i>Firm</i>
552.	Saṅkarṣhaṇa	<i>'Transferred between wombs' (Balarāma)</i>
553.	Achyuta 	<i>Imperishable</i>
554.	Varuṇa	<i>Lord of the Ocean</i>
555.	Vāruṇa	<i>Related to the waters</i>
556.	Vṛikṣha	<i>The Tree of Life</i>
557.	Puṣhkar'ākṣha	<i>Lotus Eyed</i>
558.	Mahā-manā 	<i>Great-Minded</i>
559.	Bhagavān	<i>Possessing the Six Divine Qualities</i>
560.	Bhagahā	<i>Destroying the demon Bhaga</i>
561.	Ānandī	<i>Giving Delight</i>
562.	Vana-mālī	<i>Wearing a Garland of Forest Flowers</i>
563.	Hal'āyudha 	<i>Using a Plough as a Weapon (Shrī Balarāma)</i>
564.	Āditya	<i>Son of Aditi</i>
565.	Jyotir'āditya	<i>The Resplendence of the Sun</i>
566.	Sahiṣhṇu	<i>Calmly Enduring Duality</i>
567.	Gati-sattama 	<i>The Most Excellent Refuge</i>
568.	Sudhanvā	<i>Having the Shārnga Bow</i>
569.	Khaṇḍa-paraśhu ..	<i>Punishing with an Axe</i>
570.	Dāruṇa	<i>Merciless Towards the Unrighteous</i>
571.	Draviṇa-prada ...	<i>Giving Wealth</i>
572.	Divas-sṛik	<i>Sky-Reaching</i>
573.	Sarva-dṛig-vyāsa ..	<i>The All-seeing Sage Vyāsa</i>
574.	Vāchas-pati	<i>The Master of Speech</i>
575.	Ayonija 	<i>Not born from a womb</i>
576.	Trisāmā	<i>Having the three gunas in balance</i>
577.	Sāmaga	<i>Chanting sacred songs</i>

578.	Sāma	<i>The Sama Veda</i>
579.	Nirvāṇa	<i>Final Liberation</i>
580.	Bheṣhaja	<i>Medicine</i>
581.	Bhiṣhak 	<i>The Physician</i>
582.	Samnyāsa-kṛit	<i>Performing renunciation</i>
583.	Sama	<i>Ever the Same</i>
584.	Śhānta	<i>Peace</i>
585.	Niṣhthā-śhānti- -parāyaṇam 	<i>The Most Effective Path to Peace</i>
586.	Śhubh'āṅga	<i>With an Auspicious and Beautiful Body</i>
587.	Śhānti-da	<i>Giver of Peace</i>
588.	Sraṣhṭā	<i>The Creator of all Beings</i>
589.	Kumuda	<i>Delighting in the Earth</i>
590.	Kuvale-śhaya 	<i>Reclining on the Waters</i>
591.	Gohita	<i>The Welfare of the World</i>
592.	Gopati	<i>The Lord of Cows</i>
593.	Goptā	<i>The Protector of the Universe</i>
594.	Vṛiṣhabh'ākṣha	<i>Having powerful eyes</i>
595.	Vṛiṣha-priya 	<i>Delighting in Dharma</i>
596.	Anivartī	<i>Never Retreats</i>
597.	Nivṛitt'ātmā	<i>Fully Restrained from all Sense Indulgence</i>
598.	Sam-kṣheptā	<i>The Involver</i>
599.	Kṣhema-kṛit	<i>Doer of Good</i>
600.	Śhiva 	<i>Auspiciousness</i>
601.	Śhrīvatsa-vakṣhā .	<i>Having the Srīvatsa mark on the Chest</i>
602.	Śhrīvāsa	<i>The Abode of Shrī Lakshmī</i>
603.	Śhrīpati	<i>Husband of Shrī Laksmi</i>
604.	Śhrī-matām vara .	<i>The Best of the Glorious</i>
605.	Śhrī-da	<i>Giver of Opulence</i>
606.	Śhrīśha	<i>The Lord of Shrī Lakshmi</i>
607.	Śhrī-nivāsa	<i>Dwelling in good people</i>
608.	Śhrī-nidhi	<i>The Treasure-house of Auspiciousness</i>

609.	Śhrī-vibhāvana . . .	<i>Distributor of Wealth</i>
610.	Śhrī-dhara	<i>Up-holder of Well-being</i>
611.	Śhrī-kara	<i>Granting Prosperity</i>
612.	Śhreya	<i>Liberation</i>
613.	Śhrīmān	<i>Glorious</i>
614.	Loka-tray'āśhraya	<i>Shelter of the Three Worlds</i>
615.	Svakṣha	<i>Beautiful-Eyed</i>
616.	Svaṅga	<i>Beautiful-Limbed</i>
617.	Śhat'ānanda	<i>Of Infinite Varieties and Joys</i>
618.	Nandi	<i>Joyful</i>
619.	Jyotir-gaṇeśhvara	<i>Lord of the Luminaries</i>
620.	Vijit'ātmā	<i>Having Conquered the Sense Organs</i>
621.	Vidhey'ātmā	<i>Obedient to the wishes of Devotees</i>
622.	Sat-kīrti	<i>Of True Fame</i>
623.	Chinna-saṁśhaya	<i>Pacifying All Doubts</i>
624.	Udīrṇa	<i>Transcendent</i>
625.	Sarvataḥ-chakṣhu .	<i>Having Eyes Everywhere</i>
626.	Anīśha	<i>Having no Lord over You</i>
627.	Śhāśhvata-sthira .	<i>Eternal and Stable</i>
628.	Bhūśhaya	<i>Resting on the Ground (Śhrī Rama)</i>
629.	Bhūṣhana	<i>Adorning the World</i>
630.	Bhūti	<i>Pure Existence</i>
631.	Viśhoka	<i>Sorrowless</i>
632.	Śhoka-nāśhana . .	<i>Destroyer of Sorrows</i>
633.	Archīṣhmān	<i>The Effulgent</i>
634.	Archita	<i>Worshipped by Devotees</i>
635.	Kumbha	<i>The Aquarius, containing the Kundalini</i>
636.	Viśhuddh'ātmā	<i>The Purest Soul</i>
637.	Viśhodhana 	<i>Purification</i>
638.	Aniruddha	<i>Unobstructed (Śhrī Krishna's Grandson)</i>
639.	Aprati-ratha	<i>Irresistible joy</i>

640.	Pradyumna	<i>Enlightened wealth (Son of Shrī Krishna)</i>
641.	Amita-vikrama . . .	<i>Of Immeasurable Prowess</i>
642.	Kālanemi-nihā	<i>Destroying the wheel of rebirth</i>
643.	Vīra	<i>Courageous</i>
644.	Śhauri	<i>The Hero</i>
645.	Śhūra-janeśhvara	<i>Lord of Valiant People</i>
646.	Tri-lok'ātmā	<i>The Self of the Three Worlds</i>
647.	Tri-lok'eśha	<i>Lord of the Three Worlds</i>
648.	Keśhava	<i>The Long-haired Lord of Creation</i>
649.	Keśhi-hā	<i>Destroying the horse demon Keshi</i>
650.	Hari 	<i>The Remover of Illusion</i>
651.	Kāma-deva	<i>The Beloved Lord</i>
652.	Kāma-pāla	<i>The Fulfiller of Desires</i>
653.	Kāmī	<i>Having all Desires Fulfilled</i>
654.	Kānta	<i>Of Enchanting Form</i>
655.	Kṛitāgama 	<i>Progressing</i>
656.	Anirdeśhya-vapu . .	<i>of Indescribable Form</i>
657.	Viṣṇu	<i>All-Pervading</i>
658.	Vīra	<i>Courageous</i>
659.	Ananta	<i>Infinite and Eternal</i>
660.	Dhanañ-jaya 	<i>Nourishing the body</i>
661.	Brahmaṇya	<i>Friend of the Godly</i>
662.	Brahma-kṛit	<i>Offering prayers</i>
663.	Brahmā	<i>The Creator</i>
664.	Brahma	<i>The Formless Consciousness</i>
665.	Brahma-vivardhana	<i>Increasing Sacred Knowledge</i>
666.	Brahma-vid	<i>Knowing the Supreme</i>
667.	Brāhmaṇa	<i>Having Divine Knowledge</i>
668.	Brahmī	<i>Holy</i>
669.	Brahma-gñya	<i>Knowing the Nature of Brahman</i>
670.	Brāhmaṇa-priya .	<i>Fond of Realised Souls</i>

671.	Mahā-krama	<i>Who Took Great Steps</i>
672.	Mahā-karmā	<i>Performing Great Deeds</i>
673.	Mahā-tejā	<i>Of Great Resplendence</i>
674.	Mahoraga 	<i>The Great Serpent Shesha</i>
675.	Mahā-kratu	<i>The Great Sacrifice</i>
676.	Mahā-yajvā	<i>Performing Great Havans</i>
677.	Mahā-yagñya	<i>The Lover of Great Havans</i>
678.	Mahā-havi 	<i>The Great Offering</i>
679.	Stavya	<i>The Object of all Praise</i>
680.	Stava-priya	<i>Pleased by Prayer</i>
681.	Stotram	<i>The Hymn</i>
682.	Stuti	<i>The Act of Praise</i>
683.	Stotā	<i>The Praiser</i>
684.	Raṇa-priya 	<i>Lover of Battles</i>
685.	Pūrṇa	<i>The Complete</i>
686.	Pūrayitā	<i>The Fulfiller</i>
687.	Puṇya	<i>The Truly Holy</i>
688.	Puṇya-kīrti	<i>Of Holy Fame</i>
689.	Anāmaya 	<i>Free from Disease</i>
690.	Manojava	<i>Swift as the Mind</i>
691.	Tīrtha-kara	<i>The Trail-blazer</i>
692.	Vasu-retā	<i>Of Golden Seed</i>
693.	Vasu-prada 	<i>The Giver of Wealth</i>
694.	Vasu-prada	<i>The Giver of Salvation, the Greatest Wealth</i>
695.	Vāsu-deva	<i>The Son of Vasudeva</i>
696.	Vasu	<i>The Refuge for all</i>
697.	Vasumanā	<i>Attentive to Everything</i>
698.	Havi 	<i>The Oblation</i>
699.	Sad-gati	<i>Attained through Goodness</i>
700.	Sat-kṛiti	<i>Full of Good Actions</i>
701.	Sattā	<i>The State of Pure Being</i>

702.	Sad-bhūti	<i>Having Rich Glories</i>
703.	Sat-parāyana 	<i>The Supreme Goal of the Good</i>
704.	Śhūra-sena	<i>Having Heroic and Valiant Armies</i>
705.	Yadu-śhrestha	<i>The Best of the Yadava Clan</i>
706.	Sannivāsa	<i>The Abode of the Good</i>
707.	Suyāmuna 	<i>Living on the banks of Yamuna river</i>
708.	Bhūt'āvāsa	<i>Residing in all Beings</i>
709.	Vāsudeva	<i>Enveloping the World with Maya</i>
710.	Sarvāsu-nilaya	<i>The Abode of all Life Energies</i>
711.	Anala 	<i>Unlimited</i>
712.	Darpa-hā	<i>The Destroyer of Arrogance</i>
713.	Darpa-da	<i>The Giver of Pride</i>
714.	Dṛipta	<i>Exalted in a State of Infinite Bliss</i>
715.	Dur-dhara	<i>The Object of Intense Contemplation</i>
716.	Āparājita 	<i>Unvanquished</i>
717.	Viśhva-mūrti	<i>Whose Form is the Universe</i>
718.	Mahā-mūrti	<i>The Greatest Form</i>
719.	Dīpta-mūrti	<i>Of Resplendent Shape</i>
720.	A-mūrtimān 	<i>Formless</i>
721.	Aneka-mūrti	<i>Multi-Formed</i>
722.	Avyakta	<i>Unmanifested</i>
723.	Śhata-mūrti	<i>Of Myriad Forms</i>
724.	Śhat'ānana 	<i>Many-Faced</i>
725.	Eka	<i>The One</i>
726.	Naika	<i>The Many</i>
727.	Sava	<i>The Nature of the Sacrifice</i>
728.	Ka	<i>The Desire that brings forth Creation</i>
729.	Kim	<i>What? (The One to be Inquired into)</i>
730.	Yat	<i>'Which' - Brahman</i>
731.	Tat	<i>'That' - The Supreme Spirit</i>
732.	Padam-anuttama 	<i>The Unequalled State of Perfection</i>

733. **Loka-bandhu** *Friend of the World*
734. **Loka-nātha** *Lord of the World*
735. **Mādhava** *Born in the Yadava clan (Shrī Krishna)*
736. **Bhakta-vatsala** || *Loving Devotees as Your Own Children*
737. **Suvarṇa-varṇa** *Golden-Coloured*
738. **Hemāṅga** *Having Limbs of Gold*
739. **Varāṅga** *With Beautiful Limbs*
740. **Chandan'āṅgadī** | *Anointed with Sandal paste*
741. **Vīrahā** *Destroyer of Valiant Foes*
742. **Viṣhama** *Unequaled*
743. **Śhūnya** *The State of Emptiness*
744. **Ghṛitāśhī** *'Eating Ghee' (Shrī Krishna)*
745. **Achala** *Non-Moving*
746. **Chala** || *Moving swiftly to save devotees*
747. **Amānī** *Without Illusory Identity*
748. **Mānada** *Causing Identification with the Body*
749. **Mānya** *To be Honoured*
750. **Loka-swāmī** *Lord of the Universe*
751. **Tri-loka-dhṛit** | *The Support of the Three Worlds*
752. **Sumedhā** *Having Pure Intelligence*
753. **Medhaja** *Born out of Sacrifices*
754. **Dhanya** *Fortunate*
755. **Satya-medha** *Whose Intelligence Never Fails*
756. **Dhar'ādhara** || *The Support of the Earth*
757. **Tejo-vṛiṣha** *Showering Illumination*
758. **Dyuti-dhara** *Of Radiant Brilliance*
759. **Sarva-śhastra-**
-bhṛitām-vara | *Most Excellent of all Bearers of Weapons*
760. **Pragraha** *The Receiver of Worship*
761. **Nigraha** *The Restrainer*
762. **Vyagra** *Busy Fulfilling Devotee's Desires*
763. **Naika-śhriṅga** *Having Many Horns*

764.	Gad'āgraja	<i>The Elder Brother of Gada (Shrī Krishna)</i>
765.	Chatur-mūr̥ti	<i>Four-Formed (Krishna, Balarama, etc.)</i>
766.	Chatur-bāhu	<i>Four-Armed</i>
767.	Chatur-vyūha	<i>The Four-fold Incarnation</i>
768.	Chatur-gati	<i>The Four Stages of Life</i>
769.	Chatur'ātmā	<i>Clear-Minded</i>
770.	Chatur-bhāva	<i>The Four States of Being</i>
771.	Chatur-veda-vid	...	<i>Knower of the Four Vedas</i>
772.	Ekapāt	<i>One-Footed</i>
773.	Samāvarta	<i>Turning the Wheel of Time effectively</i>
774.	Nivritt'ātmā	<i>Whose mind is restrained from Indulgence</i>
775.	Durjaya	<i>The Invincible</i>
776.	Durati-krama	<i>Hard to disobey</i>
777.	Dur-labha	<i>Obtained with Effort</i>
778.	Durgama	<i>Realised with Great Effort</i>
779.	Durga	<i>Inaccessible</i>
780.	Durāvāsa	<i>Not Easily Retained</i>
781.	Durārihā	<i>Slayer of Bad Enemies</i>
782.	Śhubhāṅga	<i>Whose body is comely and auspicious</i>
783.	Loka-sāraṅga	<i>Extracting the best from the World</i>
784.	Sutantu	<i>Beautifully Expanded</i>
785.	Tantu-var dhana	.	<i>Sustaining the Continuity</i>
786.	Indra-karmā	<i>Performing Glorious Actions</i>
787.	Mahā-karmā	<i>Accomplishing Great Acts</i>
788.	Kṛita-karmā	<i>The Doer of all deeds</i>
789.	Kṛit'āgama	<i>Author of the Vedas</i>
790.	Udbhava	<i>The Ultimate Source</i>
791.	Sundara	<i>Beautiful</i>
792.	Sunda	<i>Merciful</i>
793.	Ratna-nābha	<i>Whose Navel is a Jewel (Manipura)</i>
794.	Sulochana	<i>Having Enchanting Eyes</i>

795.	Arka	<i>In the Form of the Sun</i>
796.	Vājasana	<i>The Giver of Food</i>
797.	Śhriṅgī	<i>The Horned One (Matsya/Varaha)</i>
798.	Jayanta	<i>The Conquerer</i>
799.	Sarvavij-jayī 	<i>Omniscient and Victorious</i>
800.	Suvarna-bindu	<i>Whose Tilaka shines brilliantly</i>
801.	Akṣhobhya	<i>Ever Unruffled</i>
802.	Sarva- vāgīśhvar'- -eśhvara 	<i>Master of Shri Brahma, the Lord of Speech</i>
803.	Mahā-hrada	<i>The Great Refreshing Pool</i>
804.	Mahā-garta	<i>The Great Chasm</i>
805.	Mahā-bhūta	<i>The Great Being</i>
806.	Mahā-nidhi 	<i>The Greatest Treasure</i>
807.	Kumuda	<i>Gladdening the Earth</i>
808.	Kundara	<i>Lifting the Earth (Varaha)</i>
809.	Kunda	<i>As Jasmine Flowers</i>
810.	Parjanya	<i>Lord of the Rain</i>
811.	Pāvana	<i>Ever Purifying</i>
812.	Anila 	<i>Void of Ignorance</i>
813.	Amṛitāśha	<i>Enjoying immortality</i>
814.	Amṛita-vapu	<i>Of Immortal Form</i>
815.	Sarvagñya	<i>Omniscient</i>
816.	Sarvato-mukha ..	<i>Facing in all Directions</i>
817.	Sulabha	<i>Attained through Auspiciousness</i>
818.	Suvrata	<i>Taking Auspicious Vows</i>
819.	Siddha	<i>Perfect</i>
820.	Śhatru-jit	<i>Victorious over Enemies</i>
821.	Śhatru-tāpana 	<i>The Scorcher of Enemies</i>
822.	Nyagrodha	<i>Veiled with Illusions</i>
823.	Udumbara	<i>The Nourishment of all Creatures</i>
824.	Aśhvattas	<i>The Tree of Life</i>

825.	*Chāṇūr'āndhra- -niṣhūdana .	<i>The Slayer of the wrestler Chanura</i>
826.	Sahasr'ārchi	<i>Having Thousands of Rays</i>
827.	Sapta-jihva	<i>'Seven-tongued', the serpent Shesha</i>
828.	Sapt'aidhā	<i>The Seven Flames</i>
829.	Sapta-vāhana 	<i>Having a Vehicle of Seven Horses (Sun)</i>
830.	Amūrti	<i>Formless</i>
831.	Anagha	<i>Sinless</i>
832.	Achintya	<i>Inconceivable</i>
833.	Bhaya-kṛit	<i>Creating Fear in the wicked</i>
834.	Bhaya-nāśhana . .	<i>The Destroyer of Fear</i>
835.	Anu	<i>The Subtlest</i>
836.	Bṛihat	<i>The Greatest</i>
837.	Kṛiśha	<i>Slender</i>
838.	Sthūla	<i>Manifesting the Gross Physical World</i>
839.	Guṇa-bhṛit	<i>Assuming the Three Attributes</i>
840.	Nirguṇa	<i>Without Any Attributes</i>
841.	Mahān 	<i>Mighty</i>
842.	Adhṛita	<i>Unsupported</i>
843.	Sva-dhṛita	<i>Self-Supported</i>
844.	Svāsya	<i>Having a Beautiful Face</i>
845.	Prāg-vamśha	<i>Of Ancient Ancestry</i>
846.	Vamśha-varadhana	<i>Increasing the Prosperity of Devotees</i>
847.	Bhāra-bhṛit	<i>Carrying the Load of the Universe</i>
848.	Kathita	<i>Glorified in Scriptures</i>
849.	Yogī	<i>Realised through Yoga</i>
850.	Yogīśha	<i>The Ruler of Yogis</i>
851.	Sarva-kāmada . . .	<i>Fulfilling all Desires of True Devotees</i>
852.	Āśhrama	<i>Our Refuge</i>
853.	Śhramaṇa	<i>Taking pains to save the World</i>
854.	Kṣhāma	<i>Emaciated</i>
855.	Suparṇa	<i>The 'Auspicious Leaves', the Scriptures</i>

856.	Vāyu-vāhana	<i>Whose Vehicle is the Wind</i>
857.	Dhanur-dhara	<i>The Wielder of the Bow</i>
858.	Dhanur-veda	<i>Teaching the Science of Archery</i>
859.	Daṇḍa	<i>Punishing the Wicked</i>
860.	Damayitā	<i>The Controller</i>
861.	Dama	<i>Self-restrained</i>
862.	Aparājita	<i>Ever Undefeated</i>
863.	Sarva-saha	<i>Carrying the Entire Universe</i>
864.	Aniyantā	<i>Having no Controller</i>
865.	Niyama	<i>Showing Restraint</i>
866.	Yama	<i>'Restrained' – the God of Death</i>
867.	Sattvavān	<i>Having the quality of Goodness</i>
868.	Sāttvika	<i>Full of Peace, Truth and Purity</i>
869.	Satya	<i>Genuine</i>
870.	Satya-dharma-		
	-parāyaṇa	<i>The Abode of Truth and Righteousness</i>
871.	Abhi-prāya	<i>The Purpose of Life</i>
872.	Priyārha	<i>Deserving Love</i>
873.	Arha	<i>Worthy to be Worshiped</i>
874.	Priya-kṛit	<i>Ever-Obliging in Fulfilling Wishes</i>
875.	Prīti-varadhana	..	<i>Increasing Joy in the Devotee's Heart</i>
876.	Vihāyasa-gati	<i>Moving in the Atmospheric Realm</i>
877.	Jyoti	<i>Light</i>
878.	Suruchi	<i>The Greatest Delight</i>
879.	Huta-bhuj	<i>Enjoying Fire Offerings</i>
880.	Vibhu	<i>The All-Pervading Ruler</i>
881.	Ravi	<i>The Sun</i>
882.	Virochana	<i>Giving Light in Many Forms</i>
883.	Sūrya	<i>The Lord of the Sun</i>
884.	Savitā	<i>The Stimulator</i>
885.	Ravi-lochana	<i>With Sunny Eyes</i>
886.	Ananta	<i>Infinite and Eternal</i>

887.	Huta-bhuj	<i>Accepting Oblations</i>
888.	Bhoktā	<i>The Experiencer within us</i>
889.	Sukha-da	<i>The Giver of Bliss</i>
890.	Naika-ja	<i>Taking many births</i>
891.	Agraja 	<i>The First-Born</i>
892.	Anirvinna	<i>Feeling no disappointment</i>
893.	Sadā-marṣhī	<i>Ever-patient and forgiving</i>
894.	Lok'ādhiṣṭhāna ..	<i>The Substratum of the Universe</i>
895.	Adbhuta 	<i>Wonderful</i>
896.	Sanāt	<i>From the Beginning and For Ever</i>
897.	Sanātana-tama	<i>The Most Ancient</i>
898.	Kapila	<i>The Great Sage Kapila</i>
899.	Kapi	<i>Taking the form of the Sun</i>
900.	Apyaya 	<i>The Emerging and Dissolving of the Universe</i>
901.	Svasti-da	<i>Giver of Good Fortune</i>
902.	Svasti-kṛit	<i>Creating Auspiciousness</i>
903.	Svasti	<i>Good Luck</i>
904.	Svasti-bhuj	<i>Enjoying the Good Fortune of Devotees</i>
905.	Svasti-dakṣhina ..	<i>Distributor of Happiness</i>
906.	Araudra	<i>Devoid of Anger</i>
907.	Kundalī	<i>The Coiled Serpent</i>
908.	Chakrī	<i>Holder of the discus</i>
909.	Vikramī	<i>Most Courageous</i>
910.	Ūrjita-śhāsana ...	<i>Commanding Powerfully</i>
911.	Śhabd'ātiga	<i>Beyond Words</i>
912.	Śhabda-saha	<i>The Power of Sound</i>
913.	Śhiśhira	<i>The Cold Season, Winter</i>
914.	Śharvarī-kara 	<i>Creator of Darkness</i>
915.	Akrūra	<i>Gentle</i>
916.	Peśhala	<i>Delicate and Skilful</i>
917.	Dakṣha	<i>Dextrous</i>

918. **Dakṣhina** *Intelligent and Sincere*
919. **Kṣhaminām-vara** | *The Greatest of the Forbearing*
920. **Vidvat-tama** *Having the Highest Wisdom*
921. **Vīta-bhaya** *Free from Fear*
922. **Puṇya-śhravaṇa-**
-kīrtana || . *Whose Stories are Meritorious Listening*
923. **Uttāraṇa** *Carrying us across the Ocean of Illusion*
924. **Duṣh-kṛiti-hā** *Destroying evil-doers*
925. **Puṇya** *Pure and Holy*
926. **Duḥ-svapna-**
nāśhana |. . . *Causing bad dreams to disappear*
927. **Vīrahā** *Destroying Courageous Rakshasas*
928. **Rakṣhana** *The Protector of the Universe*
929. **Santa** *Living in Saintly People*
930. **Jīvana** *The Life Spark*
931. **Paryava-sthita** || . . . *Dwelling Everywhere*
932. **Ananta-rūpa** *Of Infinite Forms*
933. **Ananta-śhrī** *Of Endless Glory*
934. **Jita-manyu** *Having overcome passion*
935. **Bhay'āpaha** | *Destroying all fears*
936. **Chatur-aśhra** *Dealing Squarely*
937. **Gabhīr'ātmā** *Of Unplumbed Depths of Consciousness*
938. **Vidiśha** *Occupying the Different Directions*
939. **Vyādiśha** *Commanding and Distributing*
940. **Diśha** || *Advising and Teaching*
941. **Anādi** *Without Beginning*
942. **Bhūr-bhuva** *The Substratum of the Earth*
943. **Lakṣhmī** *Bearing Auspicious Marks*
944. **Suvīra** *Manly in a Pleasing Way*
945. **Ruchir-āṅgada** | . . . *Wearing Golden Armlets*
946. **Janana** *The Progenitor*
947. **Jana-janmādi** *The Cause of the Birth of all Creatures*

948.	Bhīma	<i>Of Fearful Form</i>
949.	Bhīma-parākrama	<i>Of Terrifying Power</i>
950.	Ādhāra-nilaya	<i>Occupying the Foundation</i>
951.	Dhātā	<i>The Creator</i>
952.	Puṣpa-hāsa	<i>Smiling like an Open Flower</i>
953.	Prajāgara 	<i>Ever-Awakened</i>
954.	Ūrdhva-ga	<i>Residing Above</i>
955.	Sat-path'āchāra ...	<i>Not deviating from the Path of Truth</i>
956.	Prāṇa-da	<i>Giving Life</i>
957.	Praṇava	<i>The Primordial Reverberation Om</i>
958.	Paṇa 	<i>The Reward of Good Actions</i>
959.	Pramāṇam	<i>In the Form of the Vedas</i>
960.	Prāṇa-nilaya	<i>In Whom all Life Resides</i>
961.	Prāṇi-bhṛit	<i>Supporting Life</i>
962.	Prāṇa-jīvana 	<i>The Life-Breath of Each Soul</i>
963.	Tattvam	<i>The Underlying Principle</i>
964.	Tattva-vid	<i>Knowing the Ultimate Reality</i>
965.	Ek'ātmā	<i>The One Self in All Beings</i>
966.	Janma-mṛityu- -jar'ātiga	<i>Beyond Birth, Death and Old Age</i>
967.	Bhūr-bhuvah- -svas-taru ..	<i>The Tree supporting the Three Worlds</i>
968.	Tāra	<i>The Saviour</i>
969.	Sapitā	<i>With the Father (Shrī Sadāśhiva)</i>
970.	Pra-pitāmaha 	<i>The Grandfather of Humans (Shrī Brahma)</i>
971.	Yagñya	<i>Worshipped by Fire</i>
972.	Yagñya-pati	<i>The Lord of Havans</i>
973.	Yajvā.	<i>The Performer of Havans</i>
974.	Yagñy'āṅga	<i>The Elements employed in Havan</i>
975.	Yagñya-vāhana ..	<i>Bringing Sacrifices to Completion</i>
976.	Yagñya-bhṛit	<i>The Supporter of Havans</i>
977.	Yagñya-kṛit	<i>The Doer of Sacrifices</i>

978. **Yagñyī** *The Enjoyer of Havans*
979. **Yagñya-bhuj** *Receiving Havan offerings*
980. **Yagñya-sādhana** | . . *Fulfilling all Havans*
981. **Yagñy'ānta-kṛit** *Concluding Havans*
982. **Yagñya-guhyam** . . . *Realised through Inner Worship*
983. **Annam** *Food*
984. **Annāda** *eva cha* || *The Digestive Fire*
985. **Ātma-yoni** *The Origin of the Self*
986. **Svayam-jāta** *Self-Born*
987. **Vaikhāna** *Detached from Worldly Life*
988. **Sāma-gāyana** | *Singing the Vedic Songs*
989. **Devakī-nandana** . . . *Son of Devaki (Shri Krishna)*
990. **Sraṣṭā** *The Creator*
991. **Kṣhit'īśha** *The Lord of the Earth*
992. **Pāpa-nāśhana** || *The Destroyer of Sin*
993. **Śhaṅkha-bhṛit** *Bearing the Panchajanya Conch*
994. **Nandakī** *Holding the Nandaka Sword*
995. **Chakrī** *Carriying the Sudarsana Chakra*
996. **Śhārṅga-dhanvā** . . *Weilding the Śhārṅga Bow*
997. **Gadā-dhara** | *Brandishing the Kaumodakī Club*
998. **Rathāṅga-pāṇi** *Having a Discus in the hand*
999. **Akṣhobhya** *Never Agitated or Disturbed*
1000. **Sarva-praharaṇ'-**
-āyudha || . . *Having all the Weapons of Destruction*

Sākṣhāt Śhrī Ādi Śhakti Mātājī
Śhrī Nirmalā Devi namo namaḥ
Incarnated on this Earth as Our Holy Mother Shri Mataji

Notes

Recitation.

The **Vishnu Sahasranāma** is a poem in **Anushtubh Metre** (4 blocks of eight syllables) and may be recited as such. It is shorter than the **Śhrī Lalitā Sahasranāma** – 104 verses compared to 183 - and takes about 30 minutes to recite.

- The lines in the text | and || indicate the end of each 16-syllable line.
- Occasionally 'cha' or 'eva cha' appear after a name to make up the metre.
- If a name begins with 'A' it will be dropped if the previous word ended with 'A' as the two vowels elide (unless it is the start of a new line). This occurs about 25 times (16/17, 48/9, 214/5, 247/8, 292/3, 346/7, etc.)

Explanation of some names of Śhrī Krishna

This **Sahasra-nāma** is from the **Mahābhārata** and contains several names connected with **Śhrī Kṛiṣhṇa** such as:-

- **Chānūr'āndhra-niṣhūdana** – 'Killing the wrestler Chanura' (825) which refers to a story where their wicked uncle **Kaṁsa** tried to get his best wrestlers to kill **Śhrī Kṛiṣhṇa** and **Balarama**.
- **Keśhi-hā** – 'destroying the horse demon Keshi' (649) Another demon sent by **Kaṁsa** to kill **Kṛiṣhṇa**.
- (Names 137, 138, 765-769) **Chatur Vyuha/Chatur-ātmā** – 'four-souled' may refer to the fact that in the incarnations of both **Śhrī Rāma** and **Śhrī Kṛiṣhṇa**, **Śhrī Viṣhṇu** incarnated in four forms:
 - **Rāma, Lakṣhmana, Bharata** and **Śhatrughna**.
 - **Kṛiṣhṇa, Balarāma, Pradyumna** (Son of Krishna and Rukmini) and **Aniruddha** (Pradyumna's son)
- The name **Kṛiṣhṇa** is subtle (as are all these names) and as well as 'dark-skinned' can mean:
 - **Kṛ - Īshana** – 'the Lord/Ruler of Creation'
 - **Kṛiṣhaṇa** – 'farmer', hence 'the one who sows the seed of spirituality' (Shri Mataji's comment)

The translations given are based on **Śhrī Adi Shankaracharya's** commentary as given in the Theosophical Society's edition (R.A. Shastry, 1901).

It has been attempted to keep the translations short and as literal as possible. Therefore constructions like 'The One who ...' have been dropped.

Whenever a name is repeated an alternative translation has been used to bring out alternative meanings.

The **108 Names of Śhrī Viṣhṇu** in the **Sahaja Yoga Mantra Book** are taken from this set of names, more or less at random.