

# **Ganesha Atharva Shīrsha**

*The Highest Praise of the Lord of the Gaṇas*

**Om namaste Gaṇapataye**

*Om, Salutations to You, O Lord of the Gaṇas*

**Twameva pratyakṣham tattwam-asi**

*You are the Manifestation of the Divine Principle*

**Twameva kevalam kartā-'si**

*You alone are the Creator and the Doer*

**Twameva kevalam dhartā-'si**

*You alone are the Supporter and the Sustainer*

**Twameva kevalam hartā-'si**

*You alone are the Remover and Destroyer*

**Twameva sarvam khalv'idam Brahmāsi**

*You are Everything even indeed the Formless Spirit*

**Twam sākṣhād-ātmāsi nityam**

*You manifest the Spirit eternally*

**(1)**

**Ṛitam vachmi, Satyam vachmi**

*I speak Divine Law, I speak the Truth*

**(2)**

**Ava twam mām, Ava vaktāram, Ava śhrotāram**

*Protect Thou me, be propitious to the speaker and the listener*

**Ava dātāram, Ava dhātāram**

*Watch over the one who gives and the one who performs*

**Av'ān'ūchānam-ava śhiṣhyam**

*Show favour to the learned scholar and the pupil*

**Ava paschāt-tāt, Ava puras-tāt**

*Protect from behind, Protect from the front*

**Av'ottarāt-tāt, Ava dakṣhiṇāt-tāt**

*Protect from the left side, Protect from the right side*

**Ava ch'ordhvāt-tāt, Av'ādharāt-tāt**

*Protect from above, Protect from below*

**Sarvato-mām pāhi-pāhi sam-antāt**

*From all directions guard and protect me constantly*

**(3)**

**Twam vāṅ-mayas-twam chin-mayaḥ**

*You are the Spoken Word and Pure Consciousness*

**Twam ānanda-mayas-twam Brahma-mayaḥ**

*Joy is Your essence, Formless Spirit is Your Nature*

**Twam sach-chid-ānand'ādvitīyo-'si**

*You are Existence, Consciousness and Joy unequalled*

**Twam pratyakṣham Brahmāsi**

*You are the Supreme Spirit manifested*

**Twam gñyāna-mayo vīgñyāna-mayo-'si**

*You are all Knowledge and Understanding*

**(4)**

**Sarvam jagad-idam twatto jāyate**

*This Whole World is born from You*

**Sarvam jagad-idam twattas tiṣṭhati**

*This Whole World is sustained by You*

**Sarvam jagad-idam twayi layam-eṣhyati**

*This Whole World will dissolve in You*

**Sarvam jagad-idam twayi pratyeti**

*This Whole World is returning to You*

**Twam bhūmir āpo-'nalo-'nilo nabhaḥ**

*You are Earth, Water, Fire, Air and Ether (5 elements)*

**Twam chatvāri vāk-padāni**

*You are the Four Parts of Speech*

**(5)**

**Twam guṇa tray'ātītaḥ**

*You are beyond the Three Attributes*

**Twam deha tray'ātītaḥ**

*You are beyond the Three Bodies*

**Twam kāla tray'ātītaḥ**

*You are beyond the Three Times*

**Twam mūlādhāra st'hito-'si nityam**

*You are eternally stationed at Mooladhara Chakra*

**Twam śhakti tray'ātmakaḥ**

*You are the Essence of the Three Shaktis*

**Twām yogino dhyāyanti nityam**

*On You Yogis meditate constantly*

**Twam Brahmā twam Viṣṇus-twam**

*You are Lord Brahma, You are Shri Viṣṇu,*

**Rudras-twam Indras-twam**

*You are Lord Śhiva, You are Shri Indra,*

**Agnis-twam Vāyus-twam**

*You are the God of Fire, You are Lord of the Wind,*

**Sūryas-twam Chandramās-twam**

*You are the Sun and You are the Moon,*

**Brahma bhūr bhuvaḥ swar-om**

*The Supreme Spirit, Earth, Sky, Heaven and the sacred syllable Om (6)*

**Gaṇādim pūrvam uchchārya**

*Gaṇas first letter (G) is to be uttered at the beginning*

**Varṇādim tad-anantaram**

*The first letter of the alphabet (A) next*

**Anu-swāraḥ para-taraḥ**

*And the nasal sound (M) after that*

**Ardhendu lasitam, Tāreṇa ṛiddham**

*The crescent resounding, completed with the Om*

**Etat-tava manu swa-rūpam**

*This is the True Form of Your Mantra*

**Gakāraḥ pūrva rūpam,**

*'G' is the First Form*

**Akāro madhyama rūpam,**

*'A' is the Middle Form*

**Anuswāraśh ch'āntya rūpam,**

*And 'M' is the Last Form*

**Bindur uttara rūpam,**

*Bindu (dot) is the Final Form on top*

**Nādaḥ sandhānam, Saṁhitā sandhiḥ**

*With the sounds united, according to Sandhi*

**Saiṣhā Gaṇeśa-vidyā**

*In this manner, is the Knowledge of Shri Gaṇeśha*

**Gaṇaka ṛiṣhiḥ**

*The Composing Seer is Sage Gaṇaka*

**Nichṛid gāyatrī chhandah**

*The Metre is a mixed Gāyatrī*

**Gaṇapatir devatā**

*The Presiding Deity is Shri Gaṇapati*

**Om Gam Gaṇapataye namaḥ**

*'Om Gam', Obeisance to the Lord of the Gaṇas*

(7)

**Eka-dantāya vidmahe**

*We seek to know the One-Tusked God*

**Vakra-tuṇḍāya dhīmahi**

*We meditate on the Lord with a Curved Trunk,*

**Tanno dantī prachodayāt**

*May the One bearing a Tusk inspire and stimulate us*

(8)

**Eka-dantam chatur-hastam**

*One-tusked and Four-handed,*

**Pāśham ankuśha dhāriṇam**

*Wielder of the Noose and Elephant Goad,*

**Radam cha varadam hastair bibhrāṇam**

*Holding a Tusk and giving Blessings with the Hands,*

**Mūṣhaka dhvajam**

*Having a Mouse as an Emblem,*

**Raktam, lambodaram,**

*Red-coloured, with a Big Belly,*

**Śhūrpa karṇakam, rakta-vāsasam**

*With Ears like Winnowing Fans and Clothed in Red,*

**Rakta gandh'ānu-liptāṅgam**

*Having the Body anointed with Fragrant Red Sandalwood Paste,*

**Rakta puṣhpaiḥ su-pūjitaṃ**

*Auspiciously Worshipped with Red Flowers,*

**Bhakt'ānu-kampinam devam**

*Divinely Compassionate to Devotees,*

**Jagat kāraṇam achyutam**

*The Imperishable Origin of the World,*

**Āvir-bhūtaṃ cha sṛiṣṭy'ādau**

*And Becoming Manifest at the Beginning of Creation,*

**Prakṛiteḥ puruṣhāt param**

*Being beyond the Ādi Śhakti and the Supreme Spirit,*

**Evam dhyāyati yo nityam**

*Whoever meditates in this way constantly,*

**Sa yogī yoginām varaḥ**

*That Yogi becomes the most excellent of Yogis*

**(9)**

**Namo Vrāta-pataye, Namō Gaṇapataye**

*We bow to the Lord of Assemblies and Chief of Gaṇas*

**Namaḥ Pramatha-pataye**

*Prostrations to the Leader of Lord Śhiva's Attendants,*

**Namaste-'stu lambodarāya eka-dantāya**

*Let there be obeisance to the Big-bellied, One-toothed,*

**Vighna-nāśhine Śhiva-sutāya**

*Destroyer of Obstacles, the Son of Lord Śhiva*

**Śhrī varada mūrtaye namo namaḥ**

*To the One whose form grants prosperity and boons,*

*Salutations again and again*

**(10)**

**Sākṣhāt Śhrī Ādi Śhakti Mātājī  
Śhrī Nirmalā Devyai namo namaḥ**

*Who is incarnated as Our Divine Mother, Shri Mataji Nirmala Devi,*

*Salutations to You again and again*

*For details of notation and pronunciation please download  
the 'Sanskrit Pronunciation Guide' from [symb-ol.org](http://symb-ol.org)*