

## **Ganesha Atharva Shirsha** - The Highest Praise of the Lord of the Gaṇas.

**Om namaste Gaṇapataye**

**Twameva pratyaksham tattwam-aṣi**

**Twameva kevalam kartā'si**

**Twameva kevalam dhartā'si**

**Twameva kevalam hartā'si**

**Twameva sarvam khalv-idam Brahmāsi**

**Twam sākshād-ātmāsi nityam**

**Ritam vachmi, Satyam vachmi**

**Ava twam mām**

**Ava vaktāram. Ava śhrotāram**

**Ava dātāram. Ava dhātāram**

**Av'ān'ūchānam-ava śhishyam.**

**Ava paschāt-tāt. Ava puras-tāt.**

**Av'ottarāt-tāt. Ava dakshināt-tāt.**

**Ava ch'ordhvāt-tāt Av-ādharāt-tāt.**

**Sarvato-mām pāhi-pāhi sam-antāt.**

**Twam vāṅ-mayas-twam chin-mayaḥ**

**Twam ānanda-mayas-twam**

**Brahma-mayaḥ**

**Twam sach-chid-ānand'ādvitīyo-'si**

**Twam pratyaksham Brahmāsi**

**Twam gñyāna-mayo vigñyāna-mayo-'si**

**Sarvam jagad-idam twatto jāyate**

**Sarvam jagad-idam twattas tiṣṭhati**

**Sarvam jagad-idam twayi layam-eṣhyati**

**Sarvam jagad-idam twayi pratyeti**

**Twam bhūmir āpo-'nalo-'nilo nabhaḥ**

**Twam chatvāri vāk-padāni**

**Twam guṇa tray'ātītaḥ**

**Twam deha tray'ātītaḥ**

**Twam kāla tray'ātītaḥ**

**Twam mūlādhāra sthito-'si nityam**

**Twam Śhakti tray'ātmakaḥ**

**Twām yogino dhyāyanti nityam**

**Twam Brahmā twam Viṣṇus-twam**

**Rudras-twam Indras-twam**

**Agnis-twam Vāyus-twam**

**Sūryas-twam Chandramās-twam**

**Brahma bhūr bhuvah swar-om**

*Om. Salutations to You, O Lord of the Gaṇas*

*You are the Manifestation of the Divine Principle*

*You alone are the Doer*

*You alone are the Supporter and the Sustainer*

*You alone are the Remover and Destroyer*

*You are everything even indeed the Formless Spirit*

*You manifest the Spirit eternally (1)*

*I pronounce Divine Law, I speak the Truth (2)*

*Protect thou me*

*Be propitious to the speaker and the listener*

*Watch over the one who gives and the receiver*

*Show favour to the learned scholar and the pupil.*

*Protect from behind. Protect from the front.*

*Protect from the left side. Protect from the right side.*

*Protect from above. Protect from below.*

*From all directions guard and protect me constantly (3)*

*You are the Spoken Word and Pure Consciousness.*

*Joy is Your essence*

*Formless Spirit is Your Nature*

*You are Existence, Consciousness and Joy unequalled*

*You are the Supreme Spirit manifested*

*You are all Knowledge and Understanding (4)*

*This whole world is born from You*

*This whole world is sustained by You*

*This whole world will dissolve in You*

*This whole world returns to You*

*You are Earth, Water, Fire, Air and Ether (5 elements)*

*You are the four parts of speech (5)*

*You are beyond the three attributes*

*You are beyond the three bodies*

*You are beyond the three times*

*You are eternally stationed at Mooladhara Chakra*

*You are the Essence of the three Śhaktis*

*On You Yogis meditate constantly*

*You are Lord Brahma, You are Shri Viṣṇu,*

*You are Lord Śhiva, You are Shri Indra,*

*You are the God of Fire, You are Lord of the Wind,*

*You are the Sun and You are the Moon,*

*Supreme Spirit, Earth, Sky, Heaven and Omkāra (6)*

Gaṇ'ādim pūrvam uchchārya  
 Varṇ'ādim tad-anantaram  
 Anu-swārah para-tarah  
 Ardheṇdu lasitam. Tāreṇa riddham  
 Etat-tava manu swa-rūpam  
 Gakārah pūrva rūpam,  
 Akāro madhyama rūpam,  
 Anuswāraśh ch'āntya rūpam,  
 Bindur utara rūpam,  
 Nādaḥ sandhānam, Samhitā sandhiḥ  
 Saiśhā Gaṇeśha-vidyā  
 Gaṇaka riśhiḥ  
 Nichṛid gāyatrī chhandah  
 Gaṇapatir devatā  
 Om Gam Gaṇapataye namaḥ

Eka-dantāya vidmahe  
 Vakra-tuṇḍāya dhīmahi  
 Tanno dantī prachodayāt

Eka-dantam chatur-hastam  
 Pāśham ankuśha dhārīṇam  
 Radam cha varadam hastair bibhrāṇam  
 Mūśhaka dhvajam  
 Raktam, lambodaram,  
 Śhūrpa karṇakam, rakta-vāsasam  
 Rakta gandh'ānu-liptāṅgam,  
 Rakta puśhpaiḥ su-pūjitam  
 Bhakt'ānu-kampinam devam,  
 Jagat kāraṇam achyutam  
 Āvir-bhūtam cha sriṣṭy'ādau  
 Prakṛiteḥ puruṣhāt param  
 Evam dhyāyati yo nityam  
 Sa yogī yoginām varaḥ

Namo Vrāta-pataye, Namō Gaṇapataye  
 Namaḥ pramatha-pataye  
 Namaste-'stu lambodarāy-aika-dantāya  
 Vighna-nāśhīne Śhiva-sutāya  
 Śhrī varada mūrtaye namo namaḥ

Saying Gaṇas first letter (G) at the beginning,  
 The first letter of the alphabet (A) next  
 And the nasal sound (M) after that  
 The crescent resounding, completed with the Om  
 This is the true form of Your mantra  
 'G' is the first form  
 'A' is the middle form  
 And 'M' is the last form  
 Bindu (dot) is the finishing form on top  
 With the sounds united according to Sandhi  
 In this manner, is the knowledge of Shri Gaṇeśha  
 The composing seer is sage Gaṇaka  
 The metre is a mixed Gāyatrī  
 The presiding Deity is Shri Gaṇapati  
 'Om Gam', Obeisance to the Lord of the Gaṇas (7)

We approach to know the One-Tusked God  
 We meditate on the Lord with a Curved Trunk,  
 May the One with a tusk inspire and stimulate us (8)

One-tusked and four-handed,  
 Wielder of the noose and elephant goad,  
 Holding a broken tusk and all blessings in the hands,  
 Having a mouse as an emblem,  
 Red-coloured, with a big belly,  
 Ears like winnowing fans and clothed in red,  
 Fragrant red sandalwood paste anoints Your body,  
 Auspiciously worshipped with red flowers,  
 The God who is Compassionate to devotees,  
 The Imperishable Origin of the world,  
 And becoming manifest at the beginning of creation,  
 Being beyond the Ādi Śhakti and the Supreme Spirit,  
 Whoever meditates in this way constantly,  
 That Yogi becomes the most excellent of Yogis (9)

We bow to the Lord of Assemblies and Chief of Gaṇas  
 Prostrations to the Leader of Lord Śhiva's attendants,  
 Let there be obeisance to the Big-bellied, One-toothed,  
 Destroyer of Obstacles, the Son of Lord Śhiva  
 To the One whose form grants prosperity and boons,  
 Salutations again and again (10)

Sākshāt Śhrī Ādi Śhakti Mātājī Śhrī Nirmalā Devyai namo namaḥ

Red letters are long vowels to be stressed. Green letters are short vowels not to be stressed.  
 Underlined are the stress vowels of the phrase with a slight upward inflection musically.

It is suggested that one reads/recites this along with one of the audio tracks of the G.A.S. available to download free on symb-ol.org website. Track 1 (Arun Apte) or Track 4 (Nasik SYs) are suitable.