

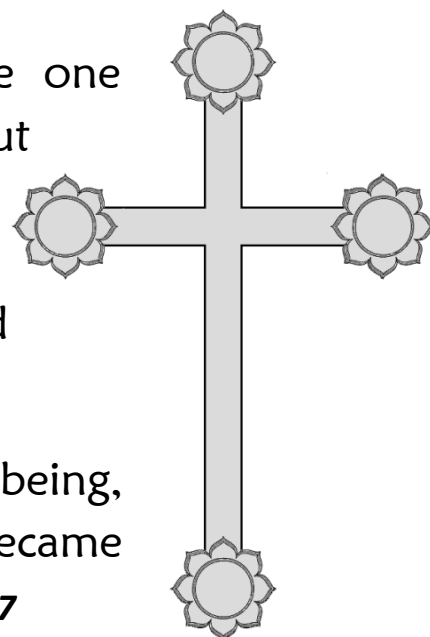
## *The Significance of the Cross*

“We should not glorify the Cross for the one reason of Christ being crucified on that, but Cross is the sign of the **Âgnyâ Chakra**; also because the **Swastika**, which was equally distributed, is expressed as an evolved symbol that is a Cross”.

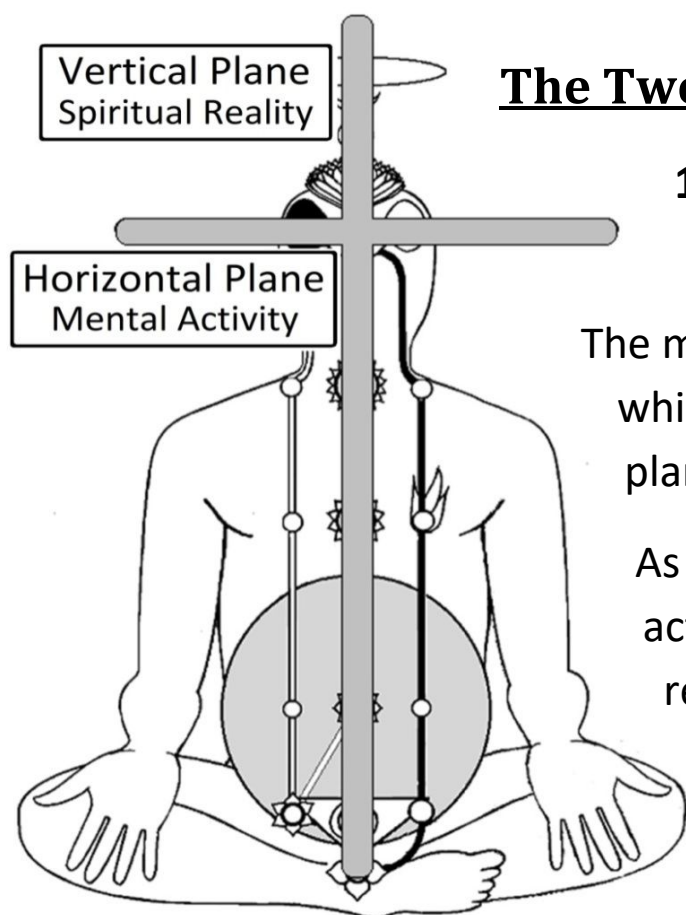
*06-04-80, London*

“As I told you that Christ came as a human being, but He was **Ganesha**. And the **Swastika** became the Cross”.

*Heart Chakra, 02-77*



The Christian Cross is the symbol of **Âgñyâ Chakra** and is the evolved form of the **Swastika**. Why is it ‘evolved’? First let us look at some aspects of the symbolism of the Cross.



### **The Two Dimensions of the Cross**

#### **1. Horizontal Plane**

**– mental activity**

The mind works in a two-dimensional way which we experience as a horizontal plane of outward-directed imagining.

As human beings our minds are very active, thoughts go outwards and are related to the objects of the senses and our attachments to them. This has given us an evolutionary

step above the animals, by being able to conceptualise, use language and project into the past and future with our thoughts. The mind relates well to two-dimensional input which is why we find reading or watching films and TV so easy to absorb (easier than three-dimensional reality quite often!). In order to experience our essence it is necessary to stop this outward flow of the mind and turn inwards to the witness behind the mind – the **Ātmā**.

“The original mistake we committed at the time of Adam and Eve; if we had listened to what was to be, we would have been realized souls long time back. But we wanted to know everything ourselves so we developed a terrible ego. As a result of that we crossed over; when we raised our heads as human beings we crossed over our attention, and there was a big cross through which nothing could pass. So the man, the human being, was lost between the cross-roads of the conditioning and the ego; and to pass the Kundalinî through that Chakra was an impossibility.”

*17-09-84, Milan*

## **2. Vertical Plane - Spiritual dimension**

Putting our attention inside on the Subtle System we enter the vertical plane of our **Kuṇḍalinī** rising from **Mūlādhāra** up the **Suṣhumnā Nāḍī** to **Sahasrāra**. We need to quieten the mental activity to keep the attention focussed. So the vertical and horizontal dimensions are mutually exclusive, we cannot have our attention in both at once, or maybe only to a limited extent.

These two dimensions cross at **Āgñyā Chakra**. The lower arm of the vertical is \*longer as in the Christian Cross, so it represents Lord Jesus Christ as the evolved form of **Shrī Gaṇeśha**. The **Back Āgñyā** is the

**Mūlādhāra Chakra** in the **Sahasrāra**, and is governed by **Shrī Mahāgaṇeśha** – innocence combined with knowledge of good and evil, which is therefore incorruptible.

So the Cross represents Lord Jesus carrying us across the Mental Plane and into the Kingdom of Heaven; or, if we prefer, He is stationed at the Gate of Heaven to judge our worthiness to enter.

It is said that a Yogi ‘pulls in his senses, like a tortoise pulling its limbs inside its shell’. This means to stop the outward flow of attachment to the objects of the senses, and enter the vertical dimension of Spirit.

Each of the two main petals of **Āgñyā Chakra** has 16 sub-petals, making a total of 32. This makes eight sub-petals at each of the four points where the **Āgñyā** manifests. The number 8 is associated with the **Back Āgñyā**. Being twice four, eight is the evolved form of **Mūlādhāra**.



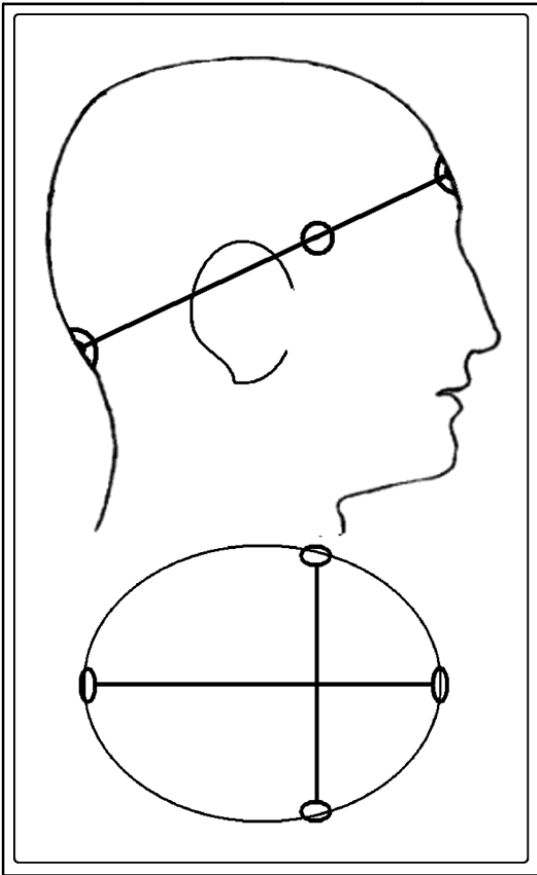
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*\*The lower arm of the Cross is usually depicted as twice the length of the other three arms.*

‘This (*Turin*) Shroud of Christ... It is His shroud, no doubt, but when He died, He was tied with it, means from both the sides it was pulled out, so very longish face and all that, He was not that longish type of a person. It is His Shroud, no doubt, but this was the shroud that covered Him when He was just taken out and was covered and put in the grave.’

**27-09-81, USA**

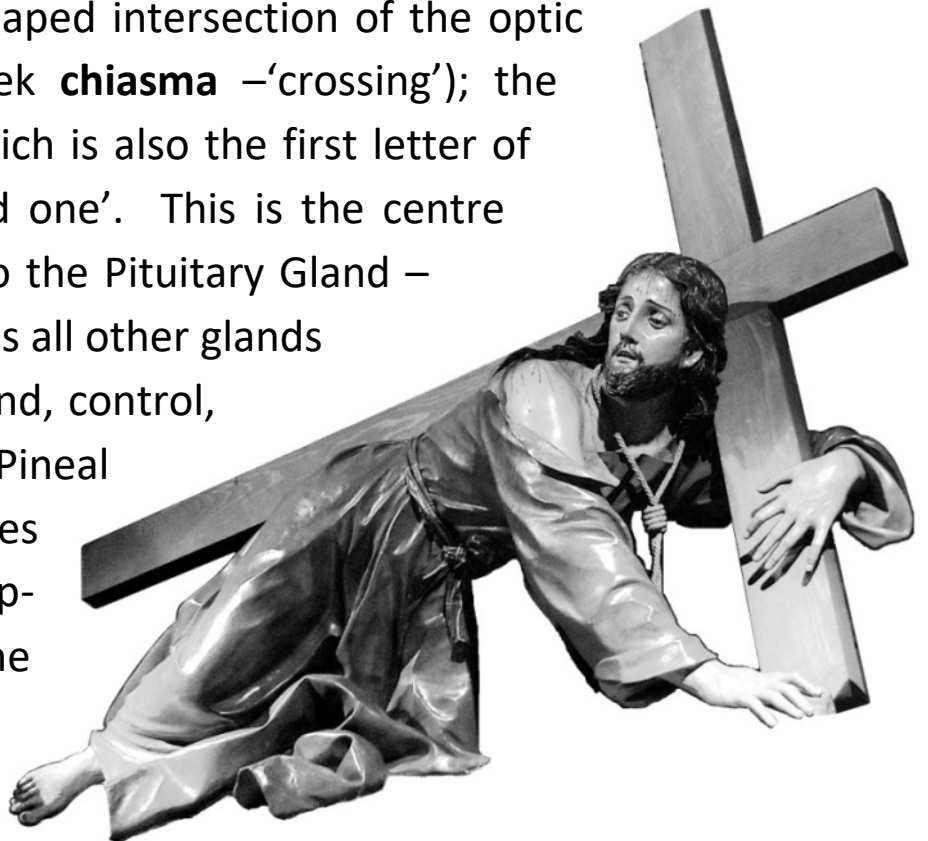
## The Cross in the physical arrangement of the Āgñyā Chakra

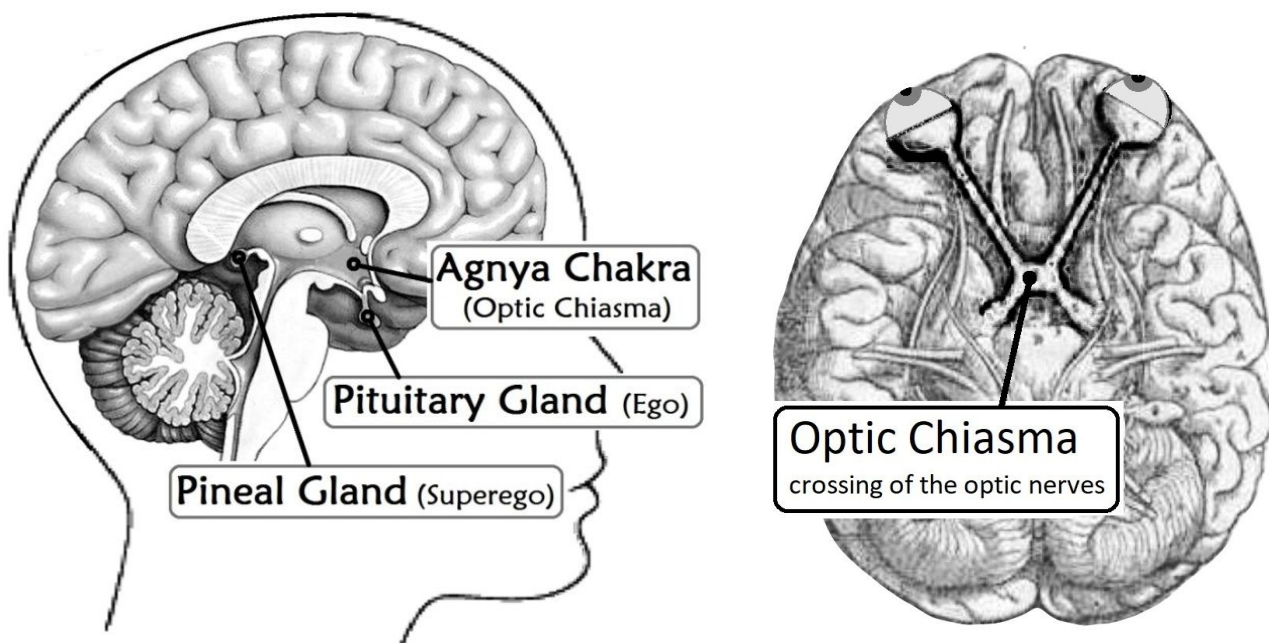


Another reason why the Cross is the symbol of **Āgñyā Chakra** can be seen if we connect the four points at which **Āgñyā Chakra** manifests on the head. The centre of the forehead, base of the skull and the temples are in a plane, though not horizontal, and if we connect them as shown we get the Cross with the longer arm rising from the **Mūlādhāra (Back Āgñyā)**. Jesus is often depicted carrying the cross at such an angle.

The crossing point coincides with the

Optic Chiasma, an X-shaped intersection of the optic nerves (from the Greek **chiasma** –‘crossing’); the Greek letter ch is X which is also the first letter of Christos –‘the anointed one’. This is the centre **Āgñyā** which is close to the Pituitary Gland – the gland which controls all other glands (**Āgñyā** means ‘command, control, authority’) and the Pineal Gland, which produces melatonin, a sleep-regulating hormone (Back Āgñyā).





”**Âgnyâ Chakra** lies in the region of Pituitary and Pineal body. It is placed exactly in the centre of Optic Chiasma. One of the windows of **Âgnyâ Chakra** is shown here on my forehead with this mark (**Bindi**). And another one is at the back of the head. This centre is also extremely important, because it controls your ego and superego”.

*Vienna, 30-09-82*

## **Amen**

The Primordial Sound **OM** is identified with **Shrî Gaṇeśha** who is ‘**Omkâra Swarûpa**’– ‘*Om Embodied*’. **Shrî Gaṇeśha** incarnated as Lord Jesus and the A-U-M of **Om** evolves into Amen.

“As evolution goes up **Om** was brought to the level of **Amen**. **Ah** became **Aah** and **Ooh** became **Ma**, and **Ma** became **Na**. As I told you that Christ came as a human being, but He was **Ganesha**. And the **Swastika** became the Cross. The same way, **Om** is **Amen**. that’s why He is the **Omkâra** Himself, the embodiment of **Omkâra** because He is **Ganesha**, and **Ganesha** is **Omkâra** personified.

In this sound of **Omkâra**, the complete sounds of the words are there - all the permutations and combinations, the complete melody of this Universe within these three sounds **ah, ooh, ma.**”

*Heart Chakra. 02-77*

**Amen** is a Hebrew word and is properly pronounced with a long ‘Aah-men’. The American ‘Ay-men’ originated during the ‘Great Vowel Shift’ of the English language about five hundred years ago.



Amen, meaning ‘So be it, truly’ in Hebrew script

### **Aīm Hrīm Klīm**

The **bīja mantras Aim, Hrīm and Klīm** are also evolved from **Om**.

“These Three Primordial Syllables (*of Om*) **AA, OO** and **MA** represent the three powers of the Primordial Mother:..... These Three Primordial Syllables later on form the Primordial Words (**Bīja mantras**) **Aīm, Hrīm and Klīm.**”

*BoAS. Ch 1. Creation.*

The **mantra ‘Aīm Hrīm Klīm Chāmundāyai vichche’**, (a powerful **mantra** traditionally said up to ten thousand times during **Navarātri**) is particularly potent for the **Āgñyā Chakra**. **Chāmuṇḍā** is the aspect of the Goddess who destroys the demons **Chaṇḍa** –‘*anger, passion*’ and **Muṇḍa** -‘*bald*’, signifying Ego.

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*\*The Desire Power **A** gives rise to Creation **Aīm (Goddess Aindri)**, the Action Power **U** gives rise to Evolution **Hrīm (Hari-Vishnu)**, and the Evolutionary Power **M** gives rise to Blissful Immersion in the Supreme Goddess **Klīm (Mahākālī)**.*

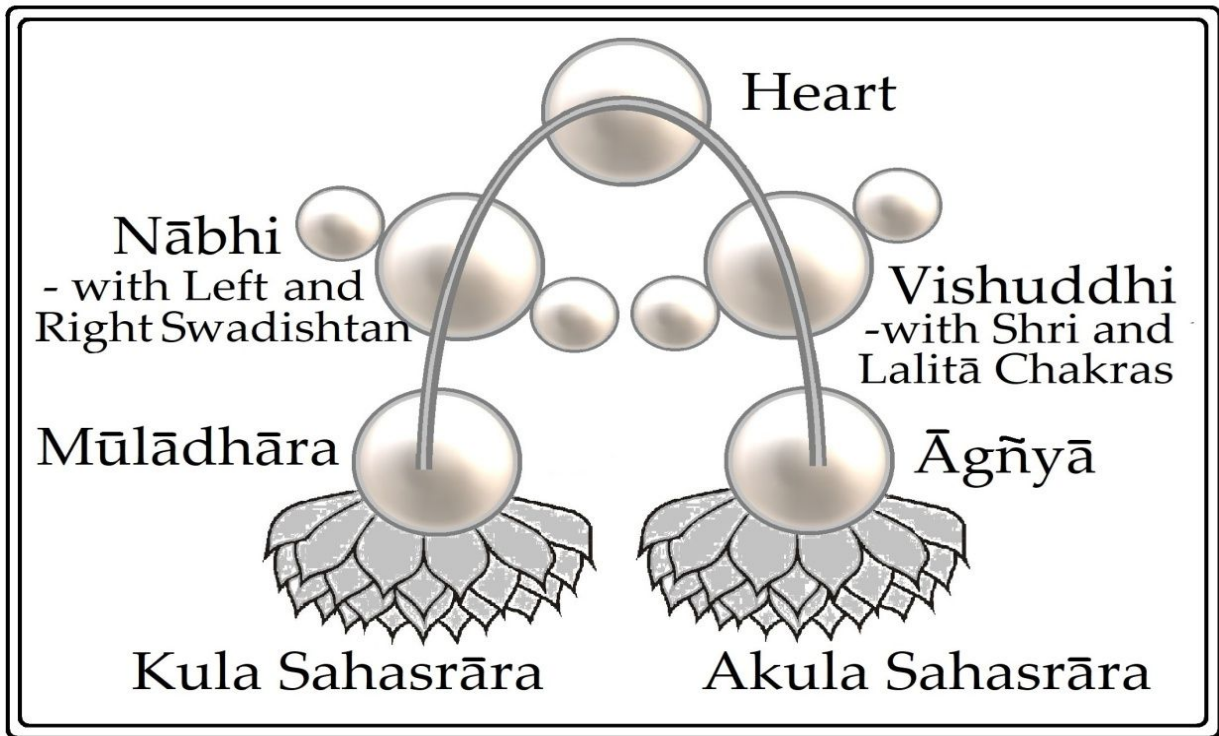
*For more information download ‘**Bīja Mantras**’ at [symb-ol.org](http://symb-ol.org).*



## Experience of Consciousness

There is a similarity in the experience we have when meditating on **Mūlādhāra** and **Āgñyā Chakras**. **Mūlādhāra Chakra** has the quality of the pure Waking State, below and before any mental activity, so we can ‘just be as we are’ with no desires or striving, where Left and Right Side activity ceases, similar to the state of Thoughtless Awareness we experience when the **Kuṇḍalinī** passes through **Āgñyā Chakra**.

This state of ‘just being as we are’ enables us to realise our nature as a ‘point of consciousness’. This point of awareness is normally felt in the middle of the head, at **Āgñyā Chakra**.



A drawing illustrating Shri Mataji's explanation of the symmetry of the Subtle system (*Cairns, 05-09-91*), where the fundamental **chakras** on the left correspond with their incarnations on the right – **Shrī Viṣṇu** at **Nābhī** and **Shrī Kṛiṣṇa** at **Viśhuddhi**, **Shrī Gaṇeśha** at **Mūlādhāra** and Lord Jesus Christ at **Āgñyā**. She does not mention the thousand-petalled lotus below **Mūlādhāra** but some **Yogīs** feel it in their meditation.